



**Researchers
at the University of California, Irvine
are seeking children with Metabolic Syndrome and
healthy controls to participate in an exercise study to
better understand how inflammation is regulated by
exercise.**

- 3 sessions at UCI Medical Center or Hewitt Hall (main campus)
- First session includes: determination of eligibility, placement of a movement recorder watch, and instructions to monitor diet and activity for seven days prior to next visit.
- Second session includes: assessment of fitness.
- Third session includes: an exercise challenge (ten 2-minute bouts on stationary bicycle), blood sampling, and expired breath collection.

**Participants Needed:
Children with Metabolic Syndrome and Healthy
Controls 8-18 Years Old.**

Volunteers will receive up to \$125 compensation for completing the three sessions.

For further information, please call:

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