

MY INFUSION SET QUICK TIPS



When I am playing on a hot summer day, I use an extra tape like Infusion Set IV3000™ to help my infusion set and sensor stay put. There are additional options on www.Diabetes.Shop.com.

Also make sure to remove any lotion prior to applying an additional adhesive.



As you grow and change, infusion set and taping needs may change too! Follow the advice of your healthcare team for the best type of infusion set and infusion set/sensor placement.

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TO LEARN MORE ABOUT INFUSION SETS, VISIT: www.medtronicdiabetes.com/infusionsets

1. Gradel AKJ, Porsgaard T, Lykkesfeldt J, et al. Factors affecting the absorption of subcutaneously administered insulin: Effect on variability. *J Diabetes Res*. 2018;2018:1205121.

IMPORTANT SAFETY INFORMATION: Guardian™ Sensor (3), One-Press Starter, and ACCU-CHEK® Guide Link: Guardian™ Sensor (3) The Guardian™ Sensor (3) is intended for use with the MiniMed™ 770G system, MiniMed™ 670C system, MiniMed™ 630G system, and Guardian™ Connect system to continuously monitor glucose levels in persons with diabetes. The sensor is intended for single use and requires a prescription. The Guardian™ Sensor (3) is indicated for seven days of continuous use. The Guardian™ Sensor (3) has been studied and is approved for use in the systems, insertion sites, and ages listed in the following table: System Approved Age Sensor Insertion Site MiniMed™ 770G system 2-13 years old, Abdomen and Buttocks, 14 and older, Abdomen and Arm, MiniMed™ 670C system 7-13 years old, Abdomen and Buttocks, 14 and older, Abdomen and Arm, MiniMed™ 630G system 14 years old and older, Abdomen and Arm, Guardian™ Connect system 14 years old and older, Abdomen and Arm.

IMPORTANT SAFETY INFORMATION: Medtronic Diabetes Continuous Glucose Monitoring (CGM) Systems: The information provided by CGM systems is intended to supplement, not replace, blood glucose information obtained using a home glucose meter. A confirmatory finger stick is required prior to treatment. Insertion of a glucose sensor may cause bleeding or irritation at the insertion site. Consult a physician immediately if you experience significant pain or if you suspect that the site is infected. **Please visit www.medtronicdiabetes.com/about/safety.html for additional details.**

IMPORTANT SAFETY INFORMATION: Infusion sets are indicated for the subcutaneous infusion of insulin from an infusion pump. Infusion sets are indicated for subcutaneous use only and not for intravenous (IV) infusion or the infusion of blood or blood products. Inaccurate medication delivery, infection and/or site irritation may result from improper insertion and maintenance of the infusion site. Before insertion, clean the insertion site with isopropyl alcohol. Remove the needle guard before inserting the infusion set. If using this infusion set for the first time, do the first set-up in the presence of your healthcare professional. Do not leave air in the infusion set. Prime completely. Check frequently to make sure the soft cannula remains firmly in place as you may not feel pain if it pulls out. The soft cannula must always be completely inserted to receive the full amount of medication. If the infusion site becomes inflamed, replace the set, and use a new site until the first site has healed. Replace the infusion set if the tape becomes loose, or if the soft cannula becomes fully or partially dislodged from the skin. Replace the infusion set every 48-72 hours, or per your healthcare professional's instructions. **NOTE:** Sure-TM™ is the only infusion set that requires changing every 48 hours.

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MY GUIDE TO INFUSION SETS & CONTINUOUS GLUCOSE MONITORING (CGM)



LENNY™ THE LION

Helps correct infusion
set and CGM sensor
placement, as well as
site rotation.



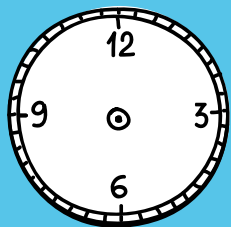
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I am one busy lion and wearing my infusion set and CGM sensor helps keep me feeling my best!

When I put them on my body, I pick spots that are comfortable. Here are some tips on where to put your infusion set and sensor.

REMEMBER TO ROTATE YOUR INFUSION SETS OFTEN.

Here are 2 helpful ways to rotate:

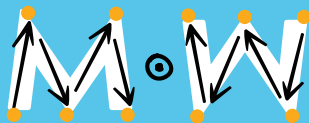


THE CLOCK

If I put my infusion set on my tummy, I imagine a clock around my belly button. Each time I change my infusion set, I move around the clock—from 12 to 3 to 6 and then to 9.

LETTERS

Sometimes I imagine having a letter 'M' or 'W' on my body. Each time I change my infusion set I rotate to each point of the letter like so.



Changing my **infusion set every 2-3 days** and my **sensor every 6-7 days** can help me avoid infections and scarring. **REMEMBER** good site rotation and changing them when you should leads to less lumps and bumps and better insulin absorption over time.¹

Don't be afraid to rotate those sites!



"Here's my plush self!"

- INFUSION SET SITE
- SENSOR SITE

BACK OF ARMS

Recommended for infusion sites.

Considered one of the best absorption areas. Slower absorption than the tummy, but absorption can be faster when you are really active.¹

HIPS & BUTTOCKS

Recommended for infusion and sensor sites.

Slower absorptions than the tummy and arm, but may be good for when you are active.¹
Keep sensor and infusion set at least 2 inches apart if placing both in this site.

TUMMY

Recommended for infusion and sensor sites.

Considered one of the best absorption areas. Approved site for sensor placement.
Keep sensor and infusion set at least 2 inches apart if placing both in this site.

OUTER THIGH

Recommended for infusion sites.

Slower absorption than the tummy and arm, however absorption can be faster if you are active. Inner thigh should be avoided because there are more nerves, which can make it more sensitive.¹

