Dear Parents of FFL Elementary Children,

Welcome to the Friends for Life Elementary Program! Our Elementary Staff has been working hard to prepare fun and educational programming for kids aged 6 – 8, aimed at helping them learn to live well with diabetes. This program is for children with diabetes, their siblings, and the children of parents with diabetes. Our staff is ready to teach and play!

Drop Off and Pick Up Details

Always drop off your child in Fiesta 5 (the Elementary room) no more than 10 minutes before each session. (For example, if a session begins at 1:30 pm, please drop off between 1:20 pm and 1:30 pm.) Please check in with your child's group leader when dropping off or picking up your child.

Pick-up will always be at Fiesta 5. We will post a sign at Fiesta 5 if the pick-up location changes.

Our staff does not allow children to ever leave the room on their own. A parent or designated caregiver will need to pick up your child after every session. Please be on time, as our staff uses the break time to refresh the room and prepare for the next session.

All outside toys, stuffed animals, etc. should stay with parents or be taken to your hotel room before coming to session. This includes items you may collect from the exhibit hall, as well as snacks or beverages from the break.

Diabetes Care Details

We have all the supplies needed for checking blood sugars and treating lows, so you do not need to leave your child's glucose meter. If your child prefers their own glucose meter or low snacks, you can leave those with the nurse (our nursing staff wear red polo shirts, so they are easy to find). Please make sure any supplies are labeled with your child's name, as many families have the same devices. If your child wears a CGM, please make sure they have the sensor and the receiver on their body at all times.

Note that **we will not administer insulin**. If a child experiences a high or low blood glucose level, we will call you. We will always immediately treat a low with glucose tabs or juice. Please write your mobile phone number on the back of your child's name badge and have your phone on vibrate mode during sessions so that we can reach you if needed.

Regarding any additional health concerns or psychosocial complexities, please be in touch with the Elementary Leads (contact information below) before arriving in Orlando so we can ensure success for your child. We're here to help!

If you have any other concerns, please check-in with one of the Elementary Staff before the first session. Our contact information is below:



Kayla Van Eperen (Program Leader) kayla@childrenwithdiabetes.com 920-973-5529



Sunshine Abel, RN (Program Leader, HCP) sunshine@childrenwithdiabetes.com 626-602-4062



Hannah Klippel (Program Leader) hannah.klippel@childrenwithdiabetes.com 386-383-3039



Marisa Fox (Program Leader, HCP) marisa.fox@childrenwithdiabetes.com 281-731-9999

We're really looking forward to helping you and your child have the best week ever at Friends for Life. Please let us know how we can be of service, and thanks for your continued trust!

Sincerely,