



Friends for Life[®] Orlando 2022

July 5–10, 2022 • Disney's Coronado Springs Resort • Orlando, FL



Parents of Teens,

Welcome to Friends for Life Teen program! Over the past year, our team has worked to develop new and unique educational program for Teens with diabetes and teens who love someone with Type 1 diabetes. We want this experience to be both fun and educational, and leave you and your Teen feeling more empowered to manage diabetes and relationships around diabetes. We strongly believe your Teen will get the most out of Friends for Life if they have the opportunity to create new friendships with other Teens. We have found that these relationships extend well beyond the conference.

Please review the schedule with your Teen so that you both know what to expect throughout the program. For Teens, the majority of the “educational” programming occurs on Wednesday and Thursday. Wednesday will focus on learning more about the conference and connecting with other Teens.

We will be covering a variety of topics that affect daily challenges in the life of teens. This will include social media, technology, mental health and physical activity. Please encourage your teen to give you overviews of the content and what was shared after each day.

Friday

Each year, the Teen Staff plan an off-site program created for Teens-only. This year, we will be traveling to Animal Kingdom on Friday with our staff. For Friday, Teens need to be wearing the shirts provided, without exception, as these shirts make it easier for us to spot our group in crowds. (Note: The shirts need to be in original condition; not cut or torn in any way.) No Teen will be permitted to board the bus to Animal Kingdom without their shirt. No exceptions.

At Animal Kingdom, there will be trusted FFL staff walking around the park and a central base where there will always be a Nurse, available if necessary. If your Teen has an EpiPen, please send it with them. Teens will be provided breakfast and money for lunch/snacks. You are more than welcome to give extra spending money at your discretion. Please also send sunscreen and anything else you think is necessary for a hot day at the park.

Teens with diabetes are expected to bring blood glucose monitoring equipment, back-up pump supplies, pens/syringes if on injections, and insulin. We can keep insulin cold if you send it in a Ziploc sandwich bag with your Teen's full name and cell phone number written on it. All of the Teens will be expected to check in with the staff at designated locations before meals and before the buses return to Coronado Springs. At those times, Teens with diabetes will be expected to check their blood sugar. They are also encouraged to check any time as needed and as aligned with your care plan.

Please feel free to call or email any one of us before the conference starts. We're here to help your family and your Teen get the most out of Friends for Life.



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