



Program for Monday, July 3, 2023

North Registration

All Attendee Registration, Sponsor and Exhibitor Registration, and T-Shirt Pick-Up

2:00 pm - 4:00 pm

Program for Tuesday, July 4, 2023

North Registration	Veracruz South	Veracruz North	Baja / Cancun	Laredo 2
<p>All Attendee Registration</p> <p>10:00 am - 4:00 pm</p>	<p>Sponsor and Exhibitor Registration</p> <p>9:00 am - 4:00 pm</p>	<p>T-Shirt Pick-Up</p> <p>10:00 am - 4:00 pm</p>	<p>Retinal Screening for Staff</p> <p>8:00 am - 5:00 pm</p> <p>Pre-registration required. Appointment scheduling available at retinal check-in.</p>	<p>TrialNet Screening</p> <p>9:00 am - 5:00 pm</p> <p>Walk-ins welcome. Pre-registration not required.</p>

Program for Wednesday, July 5, 2023

North Registration	Veracruz South	Veracruz North	Baja / Cancun	Laredo 2
<p>All Attendee Registration</p> <p>7:30 am - 9:00 pm</p>	<p>Sponsor and Exhibitor Registration</p> <p>9:00 am - 4:00 pm</p>	<p>T-Shirt Pick-Up</p> <p>7:30 am - 9:00 pm</p>	<p>Retinal Screening</p> <p>8:00 am - 5:00 pm</p> <p>Pre-registration required. Appointment scheduling available at retinal check-in.</p>	<p>TrialNet Screening</p> <p>9:00 am - 5:00 pm</p> <p>Walk-ins welcome. Pre-registration not required.</p>

Program for Thursday, July 6, 2023

North Registration	Baja / Cancun	Laredo 2
<p>All Attendee Registration and T-Shirt Pick-Up</p> <p>7:30 am - 5:00 pm</p>	<p>Retinal Screening</p> <p>8:00 am - 5:00 pm</p> <p>Pre-registration required. Appointment scheduling available at retinal check-in.</p>	<p>TrialNet Screening</p> <p>9:00 am - 5:00 pm</p> <p>Walk-ins welcome. Pre-registration not required.</p>

Program for Friday, July 7, 2023

Baja / Cancun	Laredo 2
<p>Retinal Screening</p> <p>8:00 am - 5:00 pm</p> <p>Pre-registration required. Appointment scheduling available at retinal check-in.</p>	<p>TrialNet Screening</p> <p>9:00 am - 5:00 pm</p> <p>Walk-ins welcome. Pre-registration not required.</p>

Sports Central Open Gym Hours — Veracruz C

Tuesday	Wednesday	Thursday	Friday
11:30 am - 3:00 pm	4:30 pm - 6:30 pm	8:00 pm - 10:00 pm	12:00 pm - 1:30 pm



Program of Events and Sessions

Program for Wednesday, July 5, 2023				
Time	Monterrey 1	Monterrey 2-3	Coronado M	Coronado N
8:00 - 9:00	Breakfast on Your Own			
9:00 - 10:00				
10:00 - 11:00	Coffee Break On Your Own			
11:00 - 12:00	22 Dia-versaries and Counting! Growing up with T1D Hannah Manis <i>Sponsored by Abbott</i>	Omnipod® Focus Group #1 <i>Sponsored by Omnipod</i>	Ultra Rapid-acting Inhaled Insulin for Adults with Diabetes Jennifer Rittenberry MD, FACE <i>Sponsored by Mannkind</i> For Adults 18+	All about the MiniMed™ 780G system featuring meal detection technology* that delivers real-time auto-corrections Dr. Jennifer McVean, MD and Heather Lackey, MS, RD <i>Sponsored by Medtronic</i>
12:00 - 1:30	Lunch Break On Your Own			
1:30 - 2:30	Meet the new FreeStyle Libre 3 System Nicole Rosenke, PharmD <i>Sponsored by Abbott</i>	Omnipod® Focus Group #2 <i>Sponsored by Omnipod</i>	Type AuSome - Navigating Friends for Life on the Spectrum Leigh Fickling JD, MEd, MS and Lauren Salko	Mission DETECT is Getting Ready for Takeoff <i>Sponsored by Provention Bio</i>
2:30 - 3:30	Coffee Break On Your Own			
3:30 - 4:30	Meet Our Galaxy Stars Dr. Giacomo Lanzoni and Javier Chavez <i>Sponsored by DRIF</i>	Omnipod® 5 Pro Tips <i>Sponsored by Omnipod</i>	Build Your Own CGM Experience Liz Robinson, PA-C, CDCES <i>Sponsored by Lifescan</i> Pre-Registration Required	Mission DETECT is Getting Ready for Takeoff <i>Sponsored by Provention Bio</i>
7:00 - 10:00	Grand Opening Ceremony and Reception in Exhibit Hall 7:00 - 10:00 pm in Veracruz A and B			



Program for Wednesday, July 5, 2023					
Time	Durango 1	Durango 2	Yucatan	Coronado H	Coronado J
8:00 - 9:00	Breakfast On Your Own				
9:00 - 10:00			<p>Introducing the iLet Bionic Pancreas – Now available!</p> <p><i>Sponsored by Beta Bionics</i></p>	<p>First Timers Orientation: Blast Off Into Friends for Life!</p> <p><i>Sponsored by Dexcom</i></p> <p>Youth should attend the Youth Program</p>	
10:00 - 11:00	Coffee Break On Your Own				
11:00 - 12:00	<p>Beyond Rufus: Tell Us What You Need</p> <p><i>Sponsored by JDRF</i></p>	<p>Tandem Diabetes Focus Group: Caregivers and Data Sharing</p> <p><i>Sponsored by Tandem Diabetes Care</i></p>	<p>Dexcom Product Theater: Advances in Dexcom Technology: Where We've Been, Where We're Heading</p> <p><i>Sponsored by Dexcom</i></p>	<p>Find your Fiffles</p> <p>Carolyn Billetdeaux</p>	
12:00 - 1:30	Lunch Break On Your Own				
1:30 - 2:30	<p>Safe Zone for Significant Others</p> <p>Osagie Ebekoziem, MD, MPH, CPHQ and Matt Point, MS</p>	<p>Tandem Diabetes Focus Group: Teenagers and Data Sharing</p> <p><i>Sponsored by Tandem Diabetes Care</i></p>	<p>Overpatch Use & Design Options</p> <p><i>Sponsored by Dexcom</i></p>	<p>DocuDiabetes Screening</p> <p>Sasha Squibb and Jordan Squibb</p>	<p>It's Not Your Everyday Lesson: The Next Generation of Clinical Trials Brought to You by Walgreens</p> <p><i>Sponsored by Walgreens</i></p>
2:30 - 3:30	Coffee Break On Your Own				
3:30 - 4:30	<p>Severe Lows from Crib to College</p> <p><i>Sponsored by Xeris</i></p>	<p>Abracadabra Advocacy: DPAC</p> <p><i>Open House Sponsored by DPAC</i></p>	<p>A Solar System of Sweet Solutions Without Excess Sugar</p> <p>Holly Moran, MS, RD, LD, CDCES</p> <p><i>Sponsored by Splenda</i></p>		
7:00 - 10:00	<p>Grand Opening Ceremony and Reception in Exhibit Hall</p> <p>7:00 - 10:00 pm in Veracruz A and B</p>				



Program of Events and Sessions

Program for Thursday, July 6, 2023				
Time	Monterrey 1	Monterrey 2-3	Durango 1	Durango 2
8:00 - 9:00	Breakfast Buffet in Coronado Foyer Sponsored by Walgreens			
9:00 - 10:00				
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Happy Feet: How Foot Health Contributes to Diabetes Management Marizeli Olacio, DPM, ABPM	Insulin Pumps for Beginners: Getting to All Systems Go Laura Jacobsen, MD	Grandparents: Hands-On Diabetes Management Janet Rodriguez, RN, CDCES, CRA	Managing the Many Dimensions of Diabetes During Pregnancy Liz Robinson, MSPA-C, CDCES and Jessica Kichler, CDCES, PhD, CPsych
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Diabetes Skin Solutions: Keeping your Space Suit Working with Diabetes Devices Liz Robinson, MSPA-C, CDCES	Suicide, Self-Harm, and Diabetes: Bringing Dark Matter to Light Katharine Barnard-Kelly, BSc(Hons), MSc, PhD and Marissa Town RN, BSN, CDCES	Grandparents: Mastering Sleepovers, Expeditions, and Emergencies Henry Rodriguez, MD and Janet Rodriguez, RN, CDCES, CRA	Why your Walgreens Pharmacist Should be an Extension of Your Health Care Team Shauna Markes-Wilson, BSP Pharm, PharmD, AAHIVP, CSP, and Ileana Rivera, RPh, MBA
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Balancing Family Needs when the Parent has T1D Kristen O'Dell, MS, RD, CDCES and Kenny Rodenheiser, RN, BSN, CDCES	Stress Reduction Quest: Mindfulness and More Pantea Minnock, RN, MSN, CPNP	Grandparents Discussion: Common Fears Henry Rodriguez, MD, Jessica Kichler, CDCES, PhD, CPsych, and Janet Rodriguez, RN, CDCES, CRA	Young Adult Open Diabetes Discussion Ashlyn Mills and Michelle Auerbach
6:30 - 8:00	Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL			



Program for Thursday, July 6, 2023				
Time	Yucatan 1-3	Coronado H	Coronado J	Coronado K
8:00 - 9:00	Breakfast Buffet in Coronado Foyer Sponsored by Walgreens			
9:00 - 10:00	<p>Richard Rubin Opening Keynote: Exploring New Discoveries in Diabetes from the ADA Scientific Sessions Robert Gabbay, MD, PhD, FACP <i>Sponsored by Walgreens</i></p>			
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	<p>Chasing Shooting Stars: Parenting Young Children with Diabetes Jessie Wong, PhD</p>	<p>The Universe of Long Term Diabetes Research Data Update (DCCT-EDIC) Henry Rodriguez, MD</p>	<p>Mission Control: Time in Range & Glucose Targets for PWD Viral Shah, MD</p>	<p>Navigating Health Insurance: How to Choose When You have T1D or a Child with T1D George Huntley and Stewart Perry</p>
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	<p>Overcoming the Multiverse of Barriers to Diabetes Care Osagie Ebekezien, MD, MPH, CPHQ</p>	<p>Brace Yourself for Impact: Parenting Tweens with Diabetes Jessica Kichler, CDCES, PhD, CPsych</p>	<p>Shooting for the Stars: Progress Toward Prevention and Reversal of T1D Laura Jacobsen, MD</p>	<p>JDRF Research Update: The Quest for a T1D Cure: Why Screening Matters Anastasia Albanese-O'Neill, PhD, APRN, CDCES Director, Community Screening & Clinical Trial Education <i>Sponsored by JDRF</i></p>
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	<p>Safe at School: The Rights of Children with Diabetes at School and Childcare Crystal Woodward, MPS</p>	<p>Preparing for Launch: Parenting Teens with Diabetes Jessie Wong, PhD</p>	<p>Effects of Cannabis, Alcohol, and Substances on Diabetes Viral Shah, MD</p>	<p>State of Diabetes in the U.S. - Update from the T1D Exchange Osagie Ebekezien MD, MPH, CPHQ</p>
6:30 - 8:00	<p>Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL</p>			
8:00 - 10:00	<p>Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL</p>			



Program of Events and Sessions

Program for Friday, July 7, 2023				
Time	Monterrey 1	Monterrey 2-3	Durango 1	Durango 2
8:00 - 9:00	Breakfast on your own			
9:00 - 10:00	System Maintenance: Preventing and Managing Diabetes Distress and Burnout Jessica Kichler, CDCES, PhD, CPsych	Exercise for the Athlete with T1D Dessi Zaharieva, PhD, CEP, CDCES	Houston, We have a Problem: Emergency Services and Diabetes: When to Call and What to Expect Wendi Moldthan, MS, BSN, RN, FF/PM	Big Bang: Diabetes and Sexual Health Liz Robinson, PA-C, CDCES
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Through the Telescope: Diabetes Complications: Honest Discussions Viral Shah, MD	Your Rights under the ADA: Taking Diabetes to Campus, the Office and Abroad Leigh Fickling, JD, MEd, MS, and Matt Point, MS	When you have Multiple Crew Members with T1D Liz Robinson, PA-C, CDCES	The Quantum Realm: PCOS, Periods, and Diabetes Angelina Bernier, MD
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Patient Reported Outcomes: Keeping the Voice of the Patient in Diabetes Research Katharine Barnard-Kelly, BSc(Hons), MSc, PhD	Hands-On Diabetes Training for Loved Ones of PWD Janet Rodriguez, RN, CDCES, CRA	Supporting Siblings of Children with T1D: The Gravity of Diabetes Affects the Whole Family Jessica Kichler, CDCES, PhD, CPsych	Adults with Diabetes Open Discussion Jen Hanson, MEd, RKin, CDE and Dessi Zaharieva, PhD, CEP, CDCES
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30				
Evening	Family Movie Night 7:00 - 9:00 pm in Coronado H Sponsored by Dexcom		Dessert and Posters with the Faculty 8:00 - 10:00 pm in Coronado Foyer Sponsored by Abbott	
	Adults with Diabetes + Significant Others Social Event 9:00 - 11:00 pm in Veracruz Porte Cochere Sponsored by Omnipod			



Program for Friday, July 7, 2023					
Time	Yucatan 1-3	Coronado H	Coronado J	Coronado K	Coronado L
8:00 - 9:00	Breakfast on your own				
9:00 - 10:00	Moms Discussion Group: Parenting for Type 1 and other Special Needs Leigh Fickling JD, MEd, MS and Lauren Salko	What You Need to Know About HbA1C: A Constellation of New Information Irl Hirsch, MD	Motivational Interviewing for Parents: How to Talk to Your Children so They Will Listen Jan Kavookjian, PhD, MBA, FAPhA, FADCES	Finding (Y)Our Voice, Diabetes, States, and You Tom Boyer and Sarah Wood	
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
10:45 - 12:00	Guardians of the Glucose (Dads Session) Jeff Karitis, CFP, CEPA and Ray Benadetto, DM, MS, LFACHE <i>Sponsored by Omnipod</i>	Everything But Insulin - A Galaxy of Medical Options Irl Hirsch, MD	Routine Rocket Maintenance: Fine-Tuning your Closed-Loop System Pantea Minnock, RN, MSN, CPNP	Diabetes Advocacy on the State Level Tom Boyer and Sarah Wood	
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00				
1:30 - 2:45	Dodging Comets: Managing Sick Days and Stress Days Laura Jacobsen, MD	Diabetes through Space and Time: Growing Old with Diabetes Irl Hirsch, MD	Diabetes Life Hacks: Tips and Tricks for Diabetes Management Pantea Minnock, RN, MSN, CPNP and Kenny Rodenheiser, RN, BSN, CDCES	Cultivating Resilience for Light Years of Diabetes Management Jessie Wong, PhD	Moms are Out of this World: Wine and Crafts with your Crew Leigh Fickling, JD, MEd, MS and Lauren Lanning <i>Sponsored by Omnipod</i>
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
3:30 - 4:30	Closing Keynote: Closing Keynote - One Small Step for a Woman with Diabetes, a Giant Leap for All Diabetes-kind Dessi Zaharieva, PhD, CEP, CDCES				
Evening	Family Movie Night 7:00 - 9:00 pm in Coronado H Sponsored by Dexcom			Dessert and Posters with the Faculty 8:00 - 10:00 pm in Coronado Foyer Sponsored by Abbott	
	Adults with Diabetes + Significant Others Social Event 9:00 - 11:00 pm in Veracruz Porte Cochere Sponsored by Omnipod				



Program of Events and Sessions

Program for Saturday, July 8, 2023

Time	Event and Location
9:30 - 12:00	<p>All Access: Team Tandem</p> <p>9:30 am - 12:00 pm in Veracruz C</p> <p>Sponsored by Tandem Diabetes Care</p>

Family Fun Night

7:30 - 9:30 pm in Coronado HJ

All Ages Welcome

Sponsored by Medtronic and Novo Nordisk

Program for Sunday, July 9, 2023

Time	Event and Location
8:00 - 10:00	<p>Farewell Breakfast</p> <p>8:00 - 10:00 am in Coronado HJ</p> <p>Join your new friends for life for a farewell breakfast. All families welcome.</p> <p>Sponsored by Provention Bio</p>



Program for Tuesday, July 4, 2023

Time	Kiddie Kove Ages 0-5 Fiesta 5	Elementary Program Ages 6-8 Fiesta 5
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1:30 - 3:30

**Meet-and-Greet for
Elementary and Kiddie Kove Parents and Guardians**

Program for Wednesday, July 5, 2023

Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
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Early

Breakfast On Your Own

9:00 - 10:00

Star Gazing

Ice Breakers

Meet the Tweens

TeenNote

10:00 - 11:00

Break On Your Own

11:00 - 12:00

Astronaut Gear

What Shapes Us

Sports and Activities

Mission Scavenger Hunt

12:00 - 1:30

Lunch On Your Own

1:30 - 2:30

Stellar Star Stretches

Movie Time with our Fiffles!

Food is Fuel 2.0

Operation Green Team
and Orange Team

2:30 - 3:30

Break On Your Own

3:30 - 4:30

Movie and Rest

Fort Building

Movie with Fiffles

Space-Jammin'

7:00 - 10:00

Grand Opening Ceremony and Reception in Exhibit Hall
7:00 - 10:00 pm in Veracruz A and B



Youth Program of Events and Sessions

Program for Thursday, July 6, 2023				
Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
8:00 - 9:00	Breakfast Buffet in Coronado Foyer			
9:00 - 10:00	Blast off!	Sports Central Comes to Us	Obstacle Course Trivia	Diabetes Identity Crisis
10:00 - 10:45	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Full Moons	Orange and Green Team	TweenTok	Choose Your Mission and Navigating Type 1
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Blast Off: Space Crafts and Games!	Movie Time with our Fiffles	Finding Your Team	Choose Your Mission: Data Overload & Mission Control
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Movie and Rest	Treasure Hunt	Sports Central	Planning the Typhoon Takeover
6:30 - 8:00	Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL			



Program for Friday, July 7, 2023				
Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
8:00 - 9:00	Breakfast On Your Own			
9:00 - 10:00	Decorate Moon Walk Bags	How I Manage	Relays with Sports Central	
10:00 - 10:45	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Going on a Moon Walk	Relays with Sports Central	VIPs Scavenger Hunt	
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Reach for the Stars	Pick your Own Adventure	TweenTok Awards and Social	
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Movie and Rest	My FFL 2023 Adventure Book	Minute to Win It	
7:00 - 9:00	Family Movie Night Sponsored by Dexcom 7:00 - 9:00 pm in Coronado H			
8:00 - 10:00	Dessert and Posters with the Faculty Sponsored by Abbott 8:00 - 10:00 pm in Coronado Foyer			

Teens Off Site at Typhoon Lagoon



Social Events + Meetups

Social Events

Wednesday, July 5

- 9:00 - 10:00 am** **First Timers Orientation: Blast Off Into Friends for Life! Sponsored by Dexcom**
For Parents and Adults - Youth attend Youth Program
Coronado H
- 7:00 - 10:00 pm** **Grand Opening Ceremony and Dessert Reception in Exhibit Hall**
Veracruz A and B

Thursday, July 6

- 6:30 - 8:00 pm** **Friends for Life Banquet – FFL Goes to the Red Planet Sponsored by Walgreens**
Coronado HJKL
- 8:00 - 10:00 pm** **Music and Dancing Sponsored by Walgreens**
Coronado HJKL

Friday, July 7

- 7:00 - 9:00 pm** **Family Movie Night Sponsored by Dexcom**
Coronado H
- 8:00 - 10:00 pm** **Dessert and Posters with the Faculty Sponsored by Abbott**
Coronado Foyer
- 9:00 - 11:00 pm** **Adults with Diabetes + Significant Others Social Event Sponsored by Omnipod**
Veracruz Porte Cochere

Saturday, July 8

- 9:30 am - 12:00 pm** **All Access: Team Tandem Sponsored by Tandem Diabetes Care**
Veracruz C
- 7:30 - 9:30 pm** **Family Fun Night Sponsored by Medtronic and Novo Nordisk**
Coronado HJ

Sunday, July 9

- 8:00 - 10:00 am** **Farewell Breakfast Sponsored by Provention Bio**
Coronado HJ

Meetups

Monday, July 3

Group	Meetup Location	Notes
8:00 am - 9:00 am MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
5:00 pm - 6:00 pm Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
7:00 pm - 8:00 pm Young Adult Game Night (18-26)	El Centro Seating Area	A perfect opportunity to meet new friends and reconnect with old ones. Bring your own snacks or drinks if desired.

Social Events + Meetups



Tuesday, July 4	Group	Meetup Location	Notes
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
2:00 pm - 3:00 pm	Young Adult Poolside Meetup (18-26)	Pool between Casitas 3 & 4	This is a perfect opportunity for first timers to make connections before the first full day of events.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
Wednesday, July 5	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Join with other DoFFLs for an early AM Orbit "around the Lake" followed by coffee in El Mercado.
7:00 am - 8:45 am	Significant Others Coffee Chats	Rix Sports Bar & Grill	Join together with your fellow Significant Others (SO)'s for some breakfast, caffeine, and camaraderie.
8:00 am - 9:00 am	Young Adult Breakfast Meetup (18-26)	El Mercado	Meet up with your YA pals before focus groups begin! Purchase breakfast or bring your own food.
10:00 am - 11:00 am	Mom's Who Beep Stroller Brigade	Laguna Bar (outside Mercado)	Meet up with other mom's who have type 1 for a walk around the lake (with or without your littles or a stroller).
1:30 pm - 2:30 pm	Interstellar Olympics	Sports Central	Connect with other Dads of FFL and build camaraderie through some light-hearted sport (nothing too strenuous!)
4:30 pm - 5:30 pm	Fellowship of the FFLGTBQ+	3 Bridges Bar & Grill	Join us for some #gaystuff! A perfect opportunity to meet new friends and reconnect with old ones.
4:45 pm - 6:00 pm	Significant Others Happy Hour	Barcelona Lounge	Join together with your fellow Significant Others (SO)'s for a quick happy hour before the Grand Ceremony kicks off.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
5:00 pm - 5:45pm	LOOP	Coronado J	If you use Loop or want to meet people who do, please join us. Kids are invited, too!
6:30 pm - 7:00 pm	Young Adult Scavenger Hunt (18-26)	Veracruz Foyer	Prior to the grand opening of the Exhibit Hall, stop by to grab a scavenger hunt to complete while you explore all our exhibitors
Thursday, July 6	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Expand your network by joining other DoFFLs for a "wakeup" Orbit "around the Lake" followed by coffee in El Mercado.
7:00 am - 8:00 am	Significant Others Coffee Chats	El Mercado	Join together with your fellow Significant Others (SO)'s for some breakfast, caffeine, and camaraderie.
10:00 am - 10:45am	Mom's Who Beep Coffee Break	Veracruz Porte Cochere	Grab a coffee and join other mom's who have type 1 (with or without your littles)
3:30 pm - 4:30 pm	Parents with T1D	Monterrey 1	Balancing Family Needs when the Parent has T1D
4:45 pm - 6:00 pm	Significant Others Happy Hour	Barcelona Lounge	Join your fellow Significant Others (SO)'s for a quick happy hour get together before the banquet starts.
Friday, July 7	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Continue to make new friends during a short Orbit "around the Lake" followed by coffee in El Mercado.
10:00 am - 10:45am	Mom's Who Beep Coffee Break	Veracruz Porte Cochere	Grab a coffee and join other mom's who have type 1 (with or without your littles)
10:45 am - 12:00 pm	Guardians of the Glucose (Dads Session)	Yucatan 1-3	Sponsored by Omnipod
1:30 pm - 2:45 pm	Moms Wine and Crafts	Coronado L	Sponsored by Omnipod
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
5:30 pm - 6:30 pm	Dads Lunar Libations	Barcelona Lounge	Join your DoFFLs for an informal social before Family Movie Night. Grab a libation of your choice or bring your own. A great photo op!
Saturday, July 8	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Join your DoFFLs for one last AM Orbit "around the Lake" with coffee afterwards. Don't forget your phones to update your new contacts.
7:00 am - 9:00 am	Significant Others Coffee Chats	Rix Sports Bar & Grill	Recover from the evening's fun with your fellow Significant Others (SO)'s as we slowly seek caffeine and forage for food before Sat adventures begin.
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
8:00 am - 9:00 am	Young Adult Breakfast Meetup (18-26)	El Mercado	Meet up with your fiffles for breakfast to discuss the wonderful week that was had. Purchase breakfast or bring your own food.
10:00 am	Young Adult Park Day (18-26)	Epcot	Meet at the Port of Entry in Canada in Epcot
4:45 pm - 6:30 pm	Significant Others Happy Hour	3 Bridges Bar & Grill	Journey across the long bridge with your fellow Significant Others (SO)'s as we enjoy a final gathering before the family fun night event starts.
5:00 pm - 5:45pm	LOOP	Coronado J	If you use Loop or other DIY APS or want to meet people who do, please join us. Kids are invited, too!
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.

Note: Hoping to do a last minute meet-up? Post it on the Board next to North Registration the day of the meetup to let people know!