



# Adult Program

## FRIDAY, OCTOBER 6

7:00 – 9:00	Registration open in Pool Patio area. Exhibits open in Larchmont with dessert reception, light refreshments, and open bar.
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## SATURDAY, OCTOBER 7

	Plaza Ballroom A	Plaza Ballroom B	Pleasantville
8:00 – 9:00	Buffet Breakfast in Plaza Ballroom A+B		
9:00 – 10:00	Opening Keynote - CWD Origin Story Jeff Hitchcock		
10:00 – 10:45	Refreshment Break and Exhibits Open in Larchmont 1-2		
10:45 – 12:00	Understanding Sensor Data Chelsea Lugone, FNP-BC, CDCES	Diabetes Management for Grandparents and other Caregivers Jamie Wood, MD	Frazzled Friends for Life: Moms Discussion Group Leigh Fickling, JD, MEd, MS
12:00 – 1:30	Lunch in Plaza Ballroom A+B		
1:30 – 2:45	Parenting Children with Diabetes Allyson Hughes, PhD		Safe Space Significant Others Matt Point, MS
2:45 – 3:30	Refreshment Break and Exhibits Open in Larchmont 1-2		
3:30 – 4:30	The Americans with Disabilities Act - Your Rights in College + Beyond Leigh Fickling, JD, MEd, MS and Matt Point, MS	Sick Day Management Jamie Wood, MD	Practical Stress Management Tools for People with Diabetes Allyson Hughes, PhD
6:00 – 7:00	Dinner and open bar in Plaza Ballroom A+B		

## SUNDAY, OCTOBER 8

	Plaza Ballroom A	Plaza Ballroom B	Pleasantville
8:00 – 9:00	Buffet Breakfast in Plaza Ballroom A+B		
9:00 – 10:00	Diabetes in K-12 Schools Leigh Fickling, JD, MEd, MS	Getting the Most out of your Automated Insulin Delivery System Jennifer Sherr, MD, PhD	Adults with T1D Open Discussion Chelsea Lugone, FNP-BC, CDCES and Allyson Hughes, PhD
10:00 – 10:45	Refreshment Break and Exhibits Open in Larchmont 1-2		
10:45 – 12:00	Insulin Adjustments for Unique Situations: Fat/Protein, Exercise, Alcohol, etc. Jamie Wood, MD	Don't Wait, Advocate! Sarah Wood and Amanda Kaufman	Diabetes Dads Down to Earth Jeff Karitis, CFP®, CEPA®
12:00 – 1:30	Lunch in Plaza Ballroom A+B		
1:30 – 2:45	Incorporating Exercise into Diabetes Management Cheslea Lugone, FNP-BC, CDCES		Family Dynamics and Diabetes Jeff Karitis, CFP®, CEPA® and Leigh Fickling, JD, MEd, MS
2:45 – 3:30	Refreshment Break in Larchmont 1-2		
3:30 – 4:30	Closing Keynote - Looking to the Future of Diabetes Care Jennifer Sherr, MD, PhD		



## Youth Program

SATURDAY, OCTOBER 7				
	Kiddie Kove Scarsdale	Elementary Briarcliff 2	Tween Briarcliff 1	Teen Yorktown
8:00 – 9:00	Buffet Breakfast in Plaza Ballroom A+B			
9:00 – 10:00	Meet Your New Super-Friends	Ice Breakers	Meet the Tweens	Jeopardy
10:00 – 10:45	Refreshment Break and Exhibits Open in Larchmont 1-2			
10:45 – 12:00	Cape Crusaders	Building Carb Creatures	Tweens Assemble	Tech Update
12:00 – 1:30	Lunch in Plaza Ballroom A+B			
1:30 – 2:45	Soar with Your New Super-Friends!	Scavenger Hunt	VIPs Scavenger Hunt	Riding the Rollercoasters
2:45 – 3:30	Refreshment Break and Exhibits Open in Larchmont 1-2			
3:30 – 4:30	Movie and Rest	Orange/Green Team	Minute to Win it	Move and Groove with Harold
SUNDAY, OCTOBER 8				
	Kiddie Kove Scarsdale	Elementary Briarcliff 2	Tween Briarcliff 1	Teen Yorktown
8:00 – 9:00	Buffet Breakfast in Plaza Ballroom A+B			
9:00 – 10:00	Superfriend Story	All Fun and Games	Get Moving with Harold	Faces of Diabetes
10:00 – 10:45	Refreshment Break and Exhibits Open in Larchmont 1-2			
10:45 – 12:00	Superfriend Stick Puppets	Harold Time	Finding Your Team	Parenting your Parent
12:00 – 1:30	Lunch in Plaza Ballroom A+B			
1:30 – 2:45	Superfriend Workout with Harold	Movie Time with Friends	Games Games Games	Diabetium
2:45 – 3:30	Refreshment Break in Larchmont 1-2			
3:30 – 4:30	Movie and Rest	Scrapbook	Movie Time	Closing Keynote