

Program of Events and Sessions

	Friday, November 8, 2019					
Evening	Registration Opens at 6:30 Special Keynote Guest at 7:30— Presented by Omnipod					
	Saturday, November 9, 2019					
Time	Grand Ballroom B	Grand Ballroom C	Fallsview Studio C	Strategy Room 7		
8:00 - 9:00	Breakfast in Great Room BC					
9:00 - 10:00	Exhibit Hall Ribbon-Cutting and Kick-Off					
10:00 - 10:45	Refreshment Break — Exhibit Hall					
10:45 - 12:00	Trends in T1D Nutrition Lorraine Anderson, RD, CDE	Body Positivity & T1D: The Relationship Between T1D and Body Image Deanna Paolantonio, PhD	Back to Basics: T1D Primer Anna Brundage, DNC, CDE	R&D in T1D: What's Going On in Diabetes Tech Shivani Goyal, PhD		
12:00 - 1:00	Lunch in Great Room BC					
1:00 - 2:15	Diabetes Tech 101 Lorraine Anderson, RD, CDE	Exercise Basics: Getting Active with T1D Jane Yardley, PhD	Celiac, Gluten, & T1D Connections Jamie Galloway, RD, CDE	Access 101: Navigating the Insurance Landscape as an Adult with T1D Stephanie David-Cordonne		
2:15 - 3:00	Refreshment Break — Exhibit Hall					
3:00 - 4:15	Teens & T1D: A Panel About the Realities of Being a Teen with T1D Nicole Coles, MD, FRCPC, Evelyn Riddell, Kaitlyn Wallace, & Logan Bliley-Beames	DIY Diabetes: Understanding Your Options (Looping, Remote Monitoring, and More) Kate Farnsworth	LEGO Serious Play: Problem Solving with Your Youth with T1D Cathy Pettigrew	Assessing the Gaps in T1D Care: Type 1 Think Tank Julie De Vos, RKin, CDE		
Evening	Adventure City Party Sponsored by Tandem Diabetes Care 5:00 - 7:00 Great Room B		Family Movie Night Sponsored By Dexcom 7:00 - 9:00 Great Room C	Adult Social Sponsored by Medtronic 8:30 - Midnight Fallsview ABC		

	Sunday, November 10, 2019					
Time	Grand Ballroom B	Grand Ballroom C	Fallsview Studio C	Strategy Room 7		
8:00 - 9:00	Breakfast in Great Room BC					
9:00 - 10:00	Diabetes@School: How to Ensure Your Child is Safe, Supported, and Included Elizabeth Moreau, Khadija Cadjee, Shana Betz, Deborah Joyce, & Trudy Adams	Transitioning Tasks & Developmental Appropriateness Meg Wolfe-Wylie, MD, FRCPC	Advanced Exercise: Tweaks and Tips Jane Yardley, PhD	Diabetes Online Community: Making Connections in the T1D Digital World Michelle Auerbach & Michelle Lord, PhD		
10:00 - 10:45	Refreshment Break — Exhibit Hall					
10:45 - 12:00	Advocacy & T1D: Where Are We? Kimberly Hanson	Fostering Resilience in T1D Jess Forster, MSW, RSW	Closing the Loop: Advanced Session Kate Farnsworth	LEGO Serious Play: Tackling Communication Barriers: Family, Friends, HCPs— Anything is on the Table Cathy Pettigrew		
12:00 - 1:00	Lunch in Great Room BC					
1:00 - 2:15	No More Diabetes Police: Allowing Independence in Youth with T1D Jess Forster, MSW, RSW	Sick Days & Hospital Stays: Being Prepared When Illness Hits Nicole Coles, MD, FRCPC	Back to School with Tweens and Teens: Navigating Increasing Independence Elizabeth Moreau, Khadija Cadjee, Shana Betz, & Trudy Adams	T1D / Significant Others: Connecting With Those Who "Get It" Erin Randall & Blair Earle (Sig Others) Julie De Vos (T1D)		
2:15 - 3:00	Refreshment Break & Miracle, Baby Screening in Grand Ballroom B					
3:00 - 4:15	Closing Keynote: The Story of the Discovery of Insulin Grant Maltman					

Youth Program of Events and Sessions

	Friday, November 8, 2019						
Evening		Registration Opens at 6:30 Special Keynote Guest at 7:30— Presented by Omnipod					
	Youth Program for Saturday, November 9, 2019						
Time	Kiddie Kove (ages 0-5) Strategy 5/6	Elementary (ages 6-8) Strategy 1	Tween (ages 9-12) Strategy 2/3	Teen (ages 13-17) Fallsview Studio AB			
8:00 - 9:00	Breakfast in Great Room BC						
9:00 - 10:00	Exhibit Hall Ribbon-Cutting and Kick-Off						
10:00 - 10:45	Refreshment Break — Exhibit Hall						
10:45 - 12:00	Icebreakers & Games	Icebreakers & Big Games	lcebreakers & Big Games	Snakes, Ladders & Thinking Traps Making the Most out of Clinic Visits: Panel Discussion Jess Forster, Meg Wolf-Wylie, & Nicole Coles			
12:00 - 1:00	Lunch in Great Room BC						
1:00 - 2:15	Scavenger Hunt	VIPs	DDance Session Deanna Paolantonio	Mindful Eating Food Challenge Marilyn Fry			
2:15 - 3:00	Refreshment Break — Exhibit Hall						
3:00 - 4:15	Movie & Rest	Scavenger Hunt	Expressing Your Diabetes	Jeopardy Obstacle Course			
Evening	Adventure City Party Sponsored by Tandem Diabetes Care 5:00 - 7:00 Great Room B		Family Movie Night Sponsored By Dexcom 7:00 - 9:00 Great Room C	Adult Social Sponsored by Medtronic 8:30 - Midnight Fallsview ABC			
	Youth Program for Sunday, November 10, 2019						
Time	Kiddie Kove (ages 0-5) Strategy 5/6	Elementary (ages 6-8) Strategy 1	Tween (ages 9-12) Strategy 2/3	Teen (ages 13-17) Fallsview Studio AB			
8:00 - 9:00	Breakfast in Great Room BC						
9:00 - 10:00	Toys, Games, & Story Time	DDance Session Deanna Paolantonio	Making Healthy Choices	Transitions			
10:00 - 10:45	Refreshment Break — Exhibit Hall						
10:45 - 12:00	Crafts	Green Team (Type 1) & Orange Team (Siblings)	Tween Olympics	Self Esteem Connections & Wrap Up Deanna Paolantonio			
12:00 - 1:00	Lunch in Great Room BC						
1:00 - 2:15	Sports Session & DDance Deanna Paolantonio	Fueling for Fun: Nutrition & Fitness	Reflections with Green Team (Type 1) & Orange Team (Siblings)	Teens Offsite Lunch & Activities on Clifton Hill			
2:15 - 3:00	Refreshment Break & <i>Miracle, Baby</i> Screening in Grand Ballroom B Private Miracle, Baby						
3:00 - 4:15	Movie & Rest	All About Me Crafts & Reflections	Diabetium	Screening			