

What Type Am I?
Fearless.



*Isabella, Age 8
Diagnosed
August 28, 2012*



Children with Diabetes[®] Friends for Life[®]

March 29-31, 2019
Renaissance Seattle Hotel
Seattle, Washington

#FFLSeattle19



March 29, 2019 |

Welcome to Friends for Life® Seattle 2019!

Dear CWD Friends,

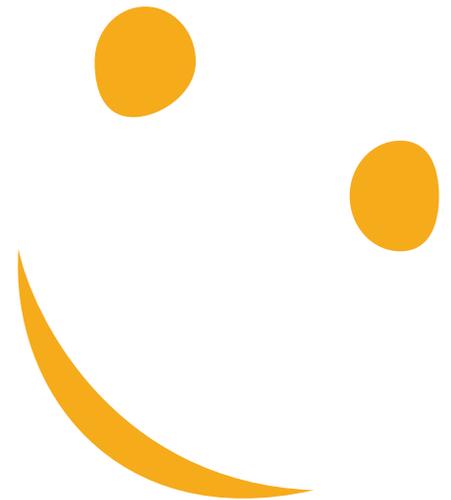
Welcome to the **Friends for Life® Seattle 2019** conference! Whether you have come from near or far, we know that this weekend's event will leave you with new technology concepts to think about, new ideas for diabetes management, new advocacy routes, and best of all — **new friends**.

Please take a few minutes to look over the schedule for Friday, Saturday and Sunday. During some time slots for adults, we have scheduled only one speaker. At other times, we will divide the adults into breakout sessions. You may attend any of the adult sessions; no sign-up is necessary. Sessions for adults and parents are in the **Federal, Superior, and Municipal ballrooms**. Note that some sessions are just for adults with type 1 or their partners — not for parents.

The children's age groups are in the following rooms, subject to change based on attendance:

- Teens (ages 13-17): South Room
- Tweens (ages 9-12): East Room
- Elementary (ages 6-8): North Room
- Kiddie Cove (ages 0-5): West Room

The kids will report to these rooms each session, each day. Kiddie Cove will be provided on Saturday and Sunday for little ones ages 0-5. While we will always check a child's blood glucose if there is a question or if a child doesn't feel well, **we ask that you continue to manage your child's diabetes as you would at home**.





Welcome



A **great big thank you** to the staff and speakers who are joining us this weekend. Some of our staff include CWD young adults who have grown up ‘through the ranks’ of Friends for Life conferences, and are now here as great role models with optimism to share! Our program leaders and staff include several individuals who have been to every single conference since 2001, working with, teaching, and supporting our kids and families. There’s a lot of history and experience with us in Seattle. Please make sure you take the time to chat with each and every one of them.

Finally, a **big thank you** to our sponsors and exhibitors. We know that your resources are limited, and we appreciate that you have taken the time away from your own families to be with us this weekend. It is our hope that every single one of you meets every single conference participant! Please feel free to join in our educational sessions; we’ll all learn together.

Have a wonderful conference!

Jeff and Laura



Jeff Hitchcock

Founder and President
Children with Diabetes
jeffh@childrenwithdiabetes.com

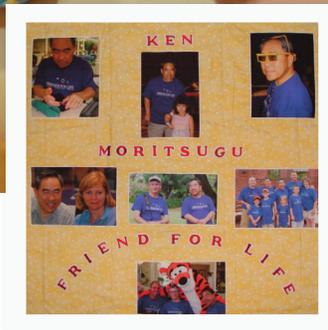
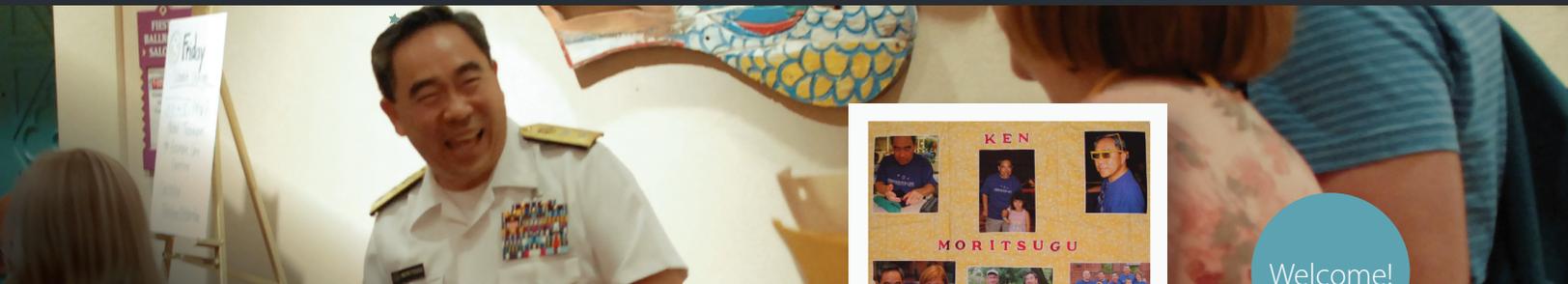


Laura Billetdeaux

Vice President, Education and Programs
Children with Diabetes
laurab@childrenwithdiabetes.com



😊 From Our Chairman



Welcome!

Dear Friends,

As Chairman of the Board of Children with Diabetes®, welcome to **Friends for Life® Seattle 2019**.

I first attended **Friends for Life®** over a decade ago, and was literally blown away! I felt then, and I continue to feel today, that **Friends for Life®** is a life-changing experience, not only for individuals with T-1 diabetes, not only for their parents and families and friends, but for anyone and everyone who has the good fortune – and wisdom -- to attend. Being in this “safe” environment, where everyone is aware of our challenges, where everyone is watching out for everyone else, where everyone can enjoy the events and educational and social settings, is both uplifting and liberating; and hopefully will set the groundwork for expanding this safe and supportive environment into our daily lives, where we learn, work, play, and thrive!



Children with Diabetes® has been in existence for nearly two decades, and continues to evolve and thrive as well. One visible evolution is our branding. For years, we have identified ourselves with a smiling face. You will note that we have not abandoned that smile, but rather have updated its image, to better reflect our modern focus. Another evolution is our website, which we redesigned to be increasingly user friendly, easier to navigate, in keeping with current social media and technology. What we have kept, and what we carefully nurture, is our long-standing commitment to putting people with diabetes at the center of everything we do.



Rest assured, our Board of Directors provides continuing guidance and assistance to Jeff and Laura, to ensure that Children with Diabetes® will continue to be a resource to you! Every one of us on the Board is passionate about diabetes, because each of us either has diabetes, is a family of a person with diabetes, or has been involved in diabetes for a long time.



For each of us here in Seattle, **I wish a reaffirmation of the life-changing experience of Friends for Life®!**



Kenneth P. Moritsugu, MD, MPH, FACPM
Former Surgeon General of the United States

Chairman of the Board
Children with Diabetes®
ken@childrenwithdiabetes.com

“I CAN SEE
HER NUMBERS
WHEN SHE’S
AT SCHOOL.

WHAT
A GIFT.”

ZERO
FINGERSTICKS.*

Always know
your child’s glucose
levels and where
they’re heading with
just a glance at your
smartphone or watch!.



MAKE KNOWLEDGE YOUR SUPERPOWER.

Dexcom G6

DiscoverDexcom.com

Zola C. and
her mom, Keary,
both T1D

SMARTPHONE
COMPATIBILITY†

WATER-RESISTANT
WEARABLE‡

SMALL SENSOR

SIMPLE AUTO-APPLICATOR

10-DAY SENSOR WEAR

ALERTS AND ALARMS

SHARE GLUCOSE DATA§

AGES 2 YEARS AND UP

*If your glucose alerts and readings from the G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.

†For a list of compatible devices, visit www.dexcom.com/compatibility. ‡The Dexcom G6 Sensor and Transmitter are water-resistant and may be submerged under eight feet of water for up to 24 hours without failure when properly installed. §Separate Follow app required. Available by prescription only. Failure to use the Dexcom G6 Continuous Glucose Monitoring System (G6) and its components according to the instructions for use provided with your device and available at <https://www.dexcom.com/safety-information> and to properly consider all indications, contraindications, warnings, precautions, and cautions in those instructions for use may result in you missing a severe hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from the G6 do not match symptoms, use a blood glucose meter to make diabetes treatment decisions. Seek medical advice and attention when appropriate, including for any medical emergency.

© 2019 Dexcom Inc. All rights reserved. This product is covered by U.S. patent.

LBL016049 Rev002



HOPE
COMPASSION
DEDICATION
TOGETHER

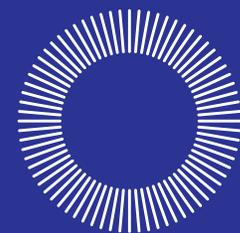
putting our values into action

For nearly a century, Novo Nordisk has been a company united for one purpose, helping people. Through our products, our employees, and our community partnerships, we are doing just that.

Please visit novonordisk.us to learn more about how we are moving forward and giving back.

POD THERAPY

The control of a pump.
The comfort & convenience of the Pod.

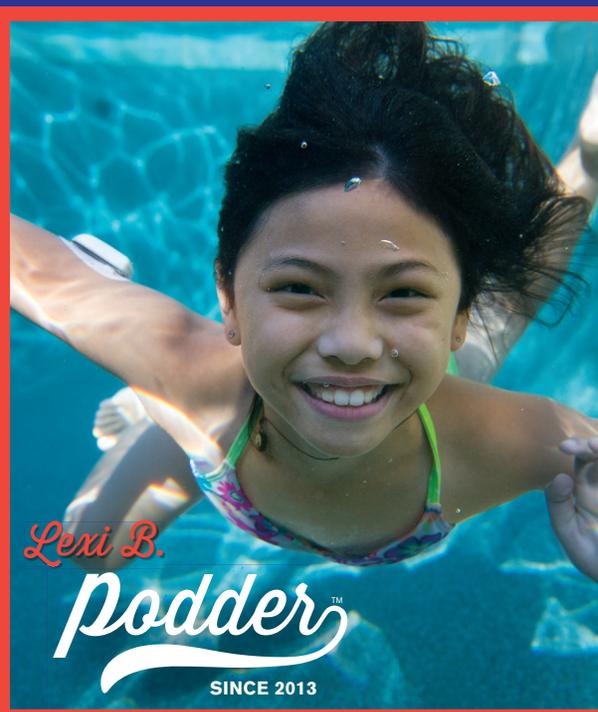


omnipod®

Manage diabetes with freedom and simplicity.



-  Up to 3-Day Continuous Wear*
-  Hands-free Insertion
-  Integrated Blood Glucose Meter
-  Discreet and Flexible
-  Waterproof**
-  Cleared for All Ages



*Up to 72 hours of insulin delivery.

**The Pod has an IPX8 rating for up to 25 feet for 60 minutes. The PDM is not waterproof.



The Conference Faculty



Bruce Buckingham, MD

Bruce Buckingham, MD, is a Professor in the Department of Pediatric Endocrinology at Stanford Medical Center and Stanford Children's Hospital. His research focuses on continuous glucose monitoring in children and closed-loop (artificial pancreas) systems. He has been active as the principal investigator at Stanford in multiple NIH, JDRF and Helmsley sponsored research studies. He is currently doing multicenter closed-loop studies with Medtronic Diabetes, Type Zero, the University of Virginia, Insulet, Bionic Pancreas, Bigfoot Biomedical, Tandem, Rensselaer Polytechnic Institute, and Cambridge. His other interests include algorithms for detecting infusion set and sensor failures and to improve infusion set wear duration.

Sunday	10:45 - 12:00	South Room	#DiabetesTech (Teen Program)
Sunday	1:00 - 2:15	Courtyard Ballroom	Closing the Loop: Building an Artificial Pancreas



Cristina Cruz-Urbe

Cristina Cruz-Urbe is an organizer with UNITE HERE! Local 8, the food service and hospitality workers' union in the Pacific Northwest. In her day-to-day work, Cristina recruits and trains workers to lead campaigns to achieve affordable health insurance, livable wages, safety, and respect at work. She regularly leads trainings on how to share our personal stories in a way that inspires others to act. Cristina did not expect to become an organizer but went in this direction after her diagnosis with type 1 diabetes at the age of 25. While working as a graduate teacher in Music at Yale University, she helped lead a campaign with her co-workers to significantly improve their health insurance. Their victory included more affordable access to prescriptions for people who live with chronic conditions. In New Haven, CT, Cristina was also a leader in city politics, managing campaigns and successfully running for office herself. She served as a Democratic Ward Chair in her neighborhood for six years.

Saturday	3:00 - 4:15	South Room	Stay Woke: Diabetes Issues (Teen Program)
----------	-------------	------------	---



Leigh Davis Fickling, MEd, MS, JD

Leigh Davis Fickling, MEd, MS, JD, is the Executive Director of the Disability Management System at Duke University. With over 19 years of experience in Higher Education Administration, Leigh has served in a variety of executive leadership roles including Dean of Students and Dean of Campus Life. Leigh's area of expertise is disability law and the implementation of reasonable accommodations in the classroom and the workplace. Leigh and her husband Jimmy are the proud parents to eight-year-old twins, Ava and Davis. Ava was diagnosed with type 1 diabetes at the age of three in 2013. With Ava's diagnosis and the need for accommodations in elementary school, Leigh's work life and home life have merged.

Saturday	10:45 - 12:00	Superior	Your Legal Rights as a Parent of a Child with Type 1
Saturday	1:00 - 2:15	Superior	Your Legal Rights as a Person with Type 1

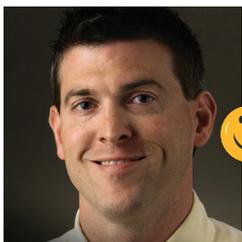




Irl B. Hirsch, MD, MACP

Irl B. Hirsch, MD, MACP, is professor and Diabetes Treatment and Teaching Chair at the University of Washington School of Medicine in Seattle. He received his medical degree from the University of Missouri School of Medicine in 1984. He completed residency training in internal medicine at the University of Miami, in Miami, Florida and Mount Sinai Hospital in Miami Beach, Florida and a research fellowship at Washington University School of Medicine in St. Louis. He has authored more than 170 papers, more than 60 editorials, three commentaries for *The Journal of the American Medical Association*, numerous book chapters and six books for patients and physicians. He is the past editor-in-chief of *DOC News* and *Clinical Diabetes*. Currently, he is section editor for *Up-To-Date*. Areas of interest include glucose variability, i.e., if fluctuations in blood glucose could have an impact on the complications of diabetes due to inflammation and reactive oxygen species which occurs both with hyperglycemic spikes and hypoglycemic troughs. He is currently researching the impact of glucose control on inpatient bone marrow transplant patients who have had no change in mortality over the last 20 years. With the T1D Exchange, he has become involved with the study of older patients with type 1 diabetes, especially with regard to issues pertaining to hypoglycemia. Over the years he has explored the various biomarkers of glucose and the various limitations of hemoglobin A1C. From both a research and teaching point of view, he has spent his career studying best strategies for the use of insulin therapy in both type 1 and type 2 diabetes and recently Dr. Hirsch has become involved with artificial pancreas technology. He has an interest in the use of computers in diabetes data management, how pattern recognition can be used to improve diabetes control and how glycemic variability noted on glucose meter downloads may be an independent risk for microvascular complications. These ideas have led to the funding and completion of the trial FLAT-SUGAR (FLuctuATIOn reduction with inSulin Glp-1 Added together). Additional past major clinical research trials include DCCT, ACCORD, STAR-1, the JDRF Sensor Trial, SEARCH, ORIGIN, and ADAG, a variety of important observations with the T1D Exchange and many more involved with insulin therapy. Dr. Hirsch is the former chair of the Professional Practice Committee for the American Diabetes Association and served as a member of the American Board of Internal Medicine.

Saturday	9:00 - 10:00	Courtyard Ballroom	Opening Keynote: Type 1 Diabetes Today
----------	--------------	--------------------	--

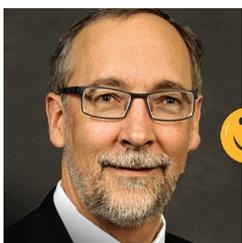


Korey Hood, PhD

Korey K. Hood, PhD, is Professor of Pediatrics at Stanford University where he directs NIH-funded research projects and provides clinical care aimed at promoting health and quality of life outcomes in youth with diabetes and their families. Dr. Hood investigates the human factors associated with the uptake of diabetes technology and works with Dr. Bruce Buckingham on his team's artificial pancreas project. Dr. Hood also serves on national committees for the American Diabetes Association and is on editorial boards for *Diabetes Care* and the *Journal of Pediatric Psychology*. Dr. Hood is the author of *Type 1 Teens: A Guide to Managing Your Life with Diabetes* and a recent book entitled *Teens With Diabetes: A Clinician's Guide* (with authors Michael Harris, PhD, and Jill Weissberg-Benchell, PhD, CDE). His research, clinical care, and service are fueled by his personal experience with type 1 diabetes. He was diagnosed as a young adult and has spent more than 15 years managing type 1 diabetes. He is passionate about helping children and teens with diabetes, and their families, make diabetes a part of their lives while not letting it run their lives.

Sunday	9:00 - 10:00	Federal	Dealing with Burnout
--------	--------------	---------	----------------------

Sunday	10:45 - 12:00	Federal	Succeeding as an Adult and Parent with Type 1
--------	---------------	---------	---



George Huntley

George Huntley is the Chief Operating Officer and Chief Financial Officer of Theoris Group, Inc., a professional services and software company based in Indianapolis, IN with offices throughout the US and Europe. He has been living with type 1 diabetes since 1983 and has been an active volunteer in the fight against diabetes since 1986. George has held many leadership roles with the American Diabetes Association including Chair of the National Board of Directors. George is a founding member and current officer of the National Diabetes Volunteer Leadership Council, a 501c3 organization dedicated to patient advocacy to improve the quality of life for people living with diabetes. George also serves on the board of Children With Diabetes.

Saturday	1:00 - 2:15	South Room	Stay Woke: Diabetes Issues (Teen Program)
----------	-------------	------------	---

Saturday	3:00 - 4:15	Federal	Hot Topics in Advocacy
----------	-------------	---------	------------------------

Sunday	3:00 - 4:15	Courtyard Ballroom	Closing Keynote: Affordable Access to Insulin
--------	-------------	--------------------	---



The Conference Faculty



Jake Johnston

Jake Johnston is the President of the Johnston Group, a federal lobbying firm based in Seattle, Washington and operating in Washington, D.C. Jake has worked as a federal lobbyist and public affairs consultant for fifteen years after working in Congress for nearly a decade. Jake is a co-founder of Connect1D, a nonprofit organization serving the social and emotional needs of people impacted by type 1 diabetes. Connect1D partners with Camp Leo to operate year-round programs for people with T1D in the Pacific Northwest, including an adult retreat in June, an annual Family Camp in October and overnight summer camps. Jake Johnston has lived with T1D for 44 years after getting diagnosed at the age of three. He's also the father to a 13-year old daughter with T1D and thus connects to living with T1D from two distinct perspectives. He believes that having connections to other people with T1D is the reason he's healthy and happy so many years into this adventure.

Saturday	3:00 - 4:15	Federal	Hot Topics in Advocacy
----------	-------------	---------	------------------------



Dana Lewis

Dana Lewis was diagnosed with type 1 diabetes in 2002 as a freshman in high school and is now most known for building her own DIY "artificial pancreas" (automated insulin delivery system, or hybrid closed loop) and founding the open source artificial pancreas movement. She is working with the OpenAPS community to make safe and effective artificial pancreas technology available (sooner) for people with diabetes around the world. She is now a Principal Investigator (PI) for a Robert Wood Johnson Foundation funded grant project to work to scale patient-led innovation and scientific discovery in more patient communities. Dana is also the author of an illustrated children's book, Carolyn's Robot Relative, to help explain diabetes devices to kids like her nieces and nephews.

Sunday	10:40 - 12:00	Superior	What You Should Know About DIY Closed Looping
--------	---------------	----------	---



Howard Look

Howard Look is founder, President and CEO of Tidepool, an open source, not-for-profit effort to make diabetes data more accessible, actionable, and meaningful by liberating data from diabetes devices, supporting researchers, and providing great, free software to the diabetes community. Tidepool is also developing Tidepool Loop, a hybrid closed loop system for iPhone. Previously, Howard was on the founder's team at TiVo where he was VP of Software and User Experience. He was also VP of Software at Pixar, where he led the team developing Pixar's proprietary film-making system, and at Amazon's consumer electronics subsidiary, Lab126. Howard received his BS in Computer Engineering from Carnegie Mellon University. Howard's daughter was diagnosed with T1D at age 11.

Saturday	3:00 - 4:15	Superior	How Tidepool Loop is building on #WeAreNotWaiting
----------	-------------	----------	---



Diana Naranjo, PhD

Diana M. Naranjo, PhD, is Assistant Professor of Psychiatry at Lucile Packard Children's Hospital Stanford. As a trained pediatric and adult psychologist working in behavioral medicine, Dr. Naranjo focuses on the psychosocial needs of patients and families with diabetes. Together with the team, she aims to understand barriers and facilitators to care, what developmental demands are important as adolescent's transition to adulthood, and how to best provide services that engage young adults and their families. Furthermore, as a Latino-American and fluent in Spanish, much of her clinical work focuses on bridging the health-care gap for underserved ethnic minority patients with type 1 diabetes.

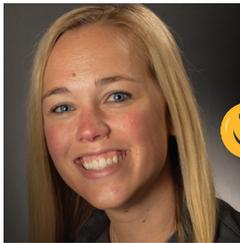
Saturday	10:45 - 12:00	Federal	Helping Parents with Transitions
----------	---------------	---------	----------------------------------

Saturday	1:00 - 2:15	Federal	Parenting Children with Type 1: Behavior and Diabetes
----------	-------------	---------	---

Sunday	1:00 - 2:15	South	Resilience: You Got This (Teen Program)
--------	-------------	-------	---



Denotes faculty member with diabetes



Kristen O'Dell, MS, RD

Kristen O'Dell, MS, RD, was diagnosed with type 1 diabetes at the age of nine. Managing this untamable disease initiated a career in healthcare for her. She earned her Masters degree in Dietetics at D'Youville College in Buffalo, NY. Kristen's first CWD conference was in 2011. She fell in love with the people and relationships she formed. In 2015, Kristen became the dietitian for the conferences and has loved it ever since. Between menu planning, carbohydrate counting and allergy accommodations, she is looking forward to tasting all the food, working with the kids, seeing old friends and making many more!

Sunday	10:45 - 12:00	Federal	Succeeding as an Adult and Parent with Type 1
--------	---------------	---------	---



R. Stewart Perry

R. Stewart Perry grew up in Lexington, Kentucky. Since 1983 he has been the co-owner of Perry & Perry State Farm Insurance and is a Diabetes Consultant and Advocate. Stewart's family has been dramatically affected by diabetes. His son has type 1 diabetes, both parents, and sister have all had diabetes during their lifetime. He has lost an uncle, grandfather and great grandmother to complications of diabetes. Stewart was diagnosed with type 2 diabetes in 1990. Since that time, he has been actively involved in the American Diabetes Association. Stewart was the Chairman of the National Board of Directors and Chair of the National Advocacy Committee for five years, He was Chair Bluegrass Chapter for a number of years. He served as the Kentucky Affiliate Board of Vice-Chair and was Chair-Elect when it became a part of the Southern Region where he served as the Chair of the Southern Region. He also is a former member of the National Board of Directors. He is the State of Kentucky State Advocacy Chair for ADA. Stewart is a member of the Kentucky Diabetes Network and a founding member of the Fayette County Diabetes Collation. Stewart was appointed by two different Governors of Kentucky to the GET FIT KY Board and The Diabetes Research Trust Fund Board. Stewart is one of the founders of the National Diabetes Volunteer Leadership Council and currently serves as an officer of that organization, where he has been instrumental in passing Diabetes Action Plan legislation in 18 states.

Saturday	1:00 - 2:15	South Room	Stay Woke: Diabetes Issues (Teen Program)
Saturday	3:00 - 4:15	Federal	Hot Topics in Advocacy
Sunday	3:00 - 4:15	Courtyard Ballroom	Closing Keynote: Affordable Access to Insulin



Gary Scheiner, MS, CDE

Gary Scheiner, MS, CDE, is owner and Clinical Director of Integrated Diabetes Services, a practice near Philadelphia specializing in intensive insulin therapy and advanced education for children and adults. He and his staff provide consultations throughout the world via phone and the internet. Gary is a Masters-level exercise physiologist. He has been a CDE for 19 years, and served as the 2014 Diabetes Educator of the Year. He has had type 1 diabetes for 30 years. Gary has written dozens of articles for diabetes trade publications and six books, including the popular *Think Like A Pancreas - A Practical Guide to Managing Diabetes With Insulin*. He lectures for people with diabetes as well as professionals. In addition to serving on the faculty of CWD and the Board of Directors for JDRF, Gary volunteers for the ADA, Diabetes Sisters, and Setebaid Diabetes Camps. Gary has been happily married for 25 years and has four wonderful kids.

Saturday	10:45 - 12:00	Municipal	Exercise and Type 1 Diabetes
Saturday	3:00 - 4:15	Municipal	A Carb is a Carb ... or is it? A Guide to the Glycemic Index
Sunday	9:00 - 10:00	Municipal	Preventing and Managing Hypoglycemia
Sunday	10:45 - 12:00	Municipal	Making Sense of Sensor Data



Denotes faculty member with diabetes

No Child Should Die From Diabetes.

\$1 can mean life...



With your support, the Life For A Child program helps provide the ongoing clinical care and diabetes education needed to keep these children alive.

We partner with diabetes centres in less-resourced countries to provide:

- Insulin and Syringes
- A Meter and Strips
- Clinical Care/HbA1c Testing
- Diabetes Education and Camps



To make your donation, please visit:

www.lifeforachildusa.org

Supporting Over 18,000 Young People in 42 Less-resourced Countries



Approved for use in individuals 6 years of age and older.



Predicts and helps prevent lows with zero fingersticks*

The t:slim X2™ Pump with Basal-IQ™ Technology integrates with Dexcom G6® Continuous Glucose Monitoring (CGM) and helps reduce the frequency and duration of low-glucose events by predicting glucose levels 30 minutes ahead and suspending insulin if they are expected to drop below 80 mg/dL. Spend less time worrying about lows and more time enjoying life.

t:slim X2™ Insulin Pump

WWW.TANDEMDIABETES.COM/TSLIMX2

*If glucose alerts and CGM readings do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.

	(877) 801-6901 www.tandemdiabetes.com	t:simulator™ App A demo as simple as our pumps!		DOWNLOAD IT TODAY: Text FFL18 to TANDEM (826336)
--	--	--	--	--

Important Safety Information: RX ONLY. The t:slim X2 Insulin Pump with Basal-IQ Technology (the System) consists of the t:slim X2 Insulin Pump, which contains Basal-IQ Technology, and a compatible CGM. CGM sold separately. The t:slim X2 Insulin Pump is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in persons requiring insulin. The t:slim X2 Insulin Pump can be used solely for continuous insulin delivery and as part of the System. When the System is used with a compatible iCGM, Basal-IQ Technology can be used to suspend insulin delivery based on CGM sensor readings. Interpretation of the System results should be based on the trends and patterns seen with several sequential readings over time. CGM also aids in the detection of episodes of hyperglycemia and hypoglycemia, facilitating both acute and long-term therapy adjustments. Compatible iCGM systems are intended for single patient use and require a prescription. The System is indicated for use in individuals 6 years of age and greater. The System is intended for single patient use and requires a prescription. The System is indicated for use with NovoLog or Humalog U-100 insulin. The System is not approved for use in pregnant women, persons on dialysis, or critically ill patients. For detailed indications for use and safety information, call Tandem toll-free at (877) 801-6901 or visit www.tandemdiabetes.com/safetyinfo.

© 2018 Tandem Diabetes Care, Inc. All rights reserved. Tandem Diabetes Care is a registered trademark and t:slim X2, t:simulator, and Basal-IQ are trademarks of Tandem Diabetes Care, Inc. Dexcom and Dexcom G6 are registered trademarks of Dexcom, Inc. Covered by one or more U.S. and international issued and pending patents. ML-1003408_A



The Teen Faculty



Marissa Town, **BSN, RN, CDE**

Marissa Town, BSN, RN, CDE, graduated from the University of Cincinnati with a Bachelor of Science in Nursing and later earned her Certified Diabetes Educator credential. She has had type 1 diabetes since the age of two and has grown up with a passion for helping families living with diabetes. Marissa is currently working as a research nurse at Stanford University. She has always enjoyed working with families with diabetes at Children with Diabetes conferences, camps, and support groups. She and her husband Adam have two young children, Connor and Everly.



Chris Birri

Chris Birri graduated from the University of Cincinnati with a degree in mechanical engineering. He works as a design engineer in the Cincinnati region. In his spare time he enjoys hiking and camping with his new dog, Norbert, and girlfriend Kathryn. This will be his third year in the teen program and he looks forward to seeing old friends and meeting new ones.



Kacie Doyle-Delgado, **MSN, APRN, NP-C**

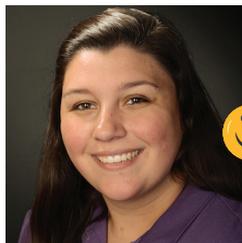
Kacie Doyle-Delgado, MSN, APRN, NP-C, was diagnosed with type 1 diabetes at age 11 and attended her first Friends for Life conference in 2002. Since then, she has attended several FFL and regional conferences. She earned her BSN and her MSN as a Family Nurse Practitioner at Westminster College in Salt Lake City, UT and she is currently enrolled in a DNP program. She works for Utah Physicians Care Center in a diabetes specialty clinic. Kacie lives in Salt Lake with her husband, Justin Delgado, and their dogs. She is looking forward to volunteering with the teens again.



Justin Delgado

Justin Delgado is husband to Kacie Doyle-Delgado, diagnosed at age 11. After more than a decade together, he considers himself to be an expert carb counter and Dexcom inserter. He graduated with his Master of Science in Finance from the University of Utah in 2013 and has been working in commercial banking since then. He attended his first Friends for Life conference in 2015 and is looking forward to volunteering with the teens.





Melissa Geren

Melissa Geren was diagnosed with diabetes when she was four. She went to her first Friends for Life Orlando Conference in 2003 and has been attending Friends for Life® conferences ever since. Melissa has three siblings, Sarah, Kayla, and Matthew. Matthew also has type 1 diabetes. Currently, she works on the Marketing Team for Fannie May Confections in Chicago. Melissa looks forward to working with Tweens at Friends for Life Conferences each year.



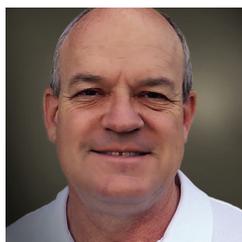
Tina Ghosn

Tina Ghosn is mother to three children with diabetes. She is also an elementary school teacher and a US Veteran. She and her family attended their first Friends for Life Orlando conference in 2007, just months after their first and youngest child was diagnosed with type 1. They have attended FFL six times and each time learned new tricks and made new Friends for Life. Last year marked a turning point for her two oldest teens when the universe aligned and the two warring teens became FFLs while attending the conference. Miracles do happen! While currently living in the Seattle suburbs, she and her family have also lived in Texas and Northern California. When not teaching, playing with her many pets, reading, or hauling kids to various activities, Tina mentors families of newly diagnosed kids, volunteers with a local diabetes camp, and shares tidbits, advice, and humor about diabetes.



Sarah Melendez, BSN, RN

Sarah Melendez, BSN, RN, mom to Brady, diagnosed in 2004, resides outside of Philadelphia. They have been attending Friends for Life conferences since 2005 and have made Children with Diabetes® an integral part of their lives. She earned her Bachelors of Science in Nursing at West Chester University. Sarah currently works as a Research Nurse for Medical Oncology and Phase 1 Clinical Trials at the Sidney Kimmel Cancer Center, Thomas Jefferson University Hospital in Philadelphia, PA.



Jim Stone

Jim Stone attended his first Friends for Life Conference in 2004. His son, Andrew, was diagnosed with type 1 in 1998 at 20 months of age. Jim, his wife Julia, and Andrew have been active in diabetes advocacy since his diagnosis, with a focus on diabetes accommodations at school. Jim, a retired Army officer, lives in Modesto, California and works as a Public Works manager. He has been a Boy Scout leader for many years, and enjoys working with the Tweens.





Program of Events and Sessions

Friday, March 29, 2019

6:00 - 9:00 pm

Registration and Reception & Exhibits Open — Courtyard Ballroom, B Level

Saturday, March 30, 2019

Time	Federal	Superior	Municipal
8:00 - 9:00	Buffet Breakfast in Madison Ballroom (2nd Floor) and Visit Sponsors and Exhibitors in Courtyard Ballroom, B Level		
9:00 - 10:00	Opening Keynote: Type 1 Diabetes Today Irl Hirsch, MD		
10:00 - 10:45	Refreshment Break and Exhibits Open in Courtyard Ballroom, B Level		
10:45 - 12:00	Helping Parents with Transitions for Tweens, Teens, and Young Adults Diana Naranjo, PhD	Your Legal Rights as a Parent of a Child with Type 1 Leigh Fickling, MEd, MS, JD	Exercise and Sports with Type 1 Diabetes Gary Scheiner, MS, CDE
12:00 - 1:00	Buffet Lunch in Madison Ballroom (2nd Floor) and Visit Sponsors and Exhibitors in Courtyard Ballroom, B Level		
1:00 - 2:15	Parenting Children with Type 1: Managing Behavior and Diabetes Diana Naranjo, PhD	Your Legal Rights as a Person with Type 1 Leigh Fickling, MEd, MS, JD	Diabetes Research Update Carla Greenbaum, MD
2:15 - 3:00	Refreshment Break and Exhibits Open in Courtyard Ballroom, B Level		
3:00 - 4:15	Hot Topics in Advocacy Stewart Perry, George Huntley, & Jake Johnston	Building on the Shoulders of Giants: How Tidepool Loop is Building on the #WeAreNotWaiting Movement Howard Look	A Carb is a Carb ... or is it? Applying the Glycemic Index Gary Scheiner, MS, CDE

Sunday, March 31, 2019

Time	Federal	Superior	Municipal
8:00 - 9:00	Buffet Breakfast in Madison Ballroom (2nd Floor)		
9:00 - 10:00	Dealing with Burnout Korey Hood, PhD	Grandparents Discussion	Preventing and Managing Hypoglycemia Gary Scheiner, MS, CDE
10:00 - 10:45	Refreshment Break in Courtyard Ballroom, B Level		
10:45 - 12:00	Succeeding as an Adult and Parent with Type 1 Korey Hood, PhD & Kristen O'Dell, MS, RD	What You Should Know About DIY Closed Looping Dana Lewis	Making Sense of Sensor Data Gary Scheiner, MS, CDE
12:00 - 1:00	Buffet Lunch in Madison Ballroom (2nd Floor)		
1:00 - 2:15	Closing the Loop: Building an Artificial Pancreas Bruce Buckingham, MD		
2:15 - 3:00	Refreshment Break in Courtyard Ballroom, B Level		
3:00 - 4:15	Closing Keynote: Affordable Access to Insulin Stewart Perry & George Huntley		

Youth Program of Events and Sessions

Friday, March 29, 2019

6:00 - 9:00 pm

Registration and Reception & Exhibits Open — Courtyard Ballroom, B Level

Youth Program for Saturday, March 30, 2019

Time	Kiddie Kove (ages 0-5) West Room	Elementary (ages 6-8) North Room	Tween (ages 9-12) East Room	Teen (ages 13-17) South Room
8:00 - 9:00	Buffet Breakfast in Madison Ballroom (2nd Floor) and Visit Sponsors and Exhibitors in Courtyard Ballroom, B Level			
9:00 - 10:00	Check In & Meet New Friends	Icebreakers & Games	Icebreakers	Meet Your Squad
10:00 - 10:45	Refreshment Break and Exhibits Open in Courtyard Ballroom, B Level			
10:45 - 12:00	Toys & Games	Scavenger Hunt	Expressing Your Diabetes	T1 IRL
12:00 - 1:00	Buffet Lunch in Madison Ballroom (2nd Floor) and Visit Sponsors and Exhibitors in Courtyard Ballroom, B Level			
1:00 - 2:15	Scavenger Hunt	Story Telling with Special Guests	FFL: Food for Life	Stay Woke: Diabetes Issues Stewart Perry, George Huntley, & Cristina Cruz-Uribe
2:15 - 3:00	Refreshment Break and Exhibits Open in Courtyard Ballroom, B Level			
3:00 - 4:15	Movie & Rest	Diabetium	Tween Olympics with Harold	Diabetes Trivia <i>followed by</i> Ill Advised (Sick Days)

Youth Program for Sunday, March 31, 2019

Time	Kiddie Kove (ages 0-5) West Room	Elementary (ages 6-8) North Room	Tween (ages 9-12) East Room	Teen (ages 13-17) South Room
8:00 - 9:00	Buffet Breakfast in Madison Ballroom (2nd Floor)			
9:00 - 10:00	Toys, Games, & Stories Orange Team Visits	Green Team (Type 1) & Orange Team (Siblings) Fun	VIPs	Wake Up with Harold!
10:00 - 10:45	Refreshment Break in Courtyard Ballroom, B Level			
10:45 - 12:00	Crafts	Harold Time	Insulin & Beyond	#DiabetesTech Bruce Buckingham, MD
12:00 - 1:00	Buffet Lunch in Madison Ballroom (2nd Floor)			
1:00 - 2:15	Exercise Time with Harold	What Are You Eating?	Green Team (Type 1) & Orange Team (Siblings) Fun	Resilience: You Got This Diana Naranjo, PhD
2:15 - 3:00	Refreshment Break in Courtyard Ballroom, B Level			
3:00 - 4:15	Movie & Rest	Craft Time	Diabetium	Faces of Diabetes



The Elementary Faculty



Sunshine Abel, LPN

Sunshine Abel, LPN, is the proud mother of Sierra and Sailor. She attended her first Friends for Life Conference with her family in 2002, after her daughter Sailor was diagnosed with Type 1 diabetes when she was 2 years old. After attending that conference, Sunshine immediately knew she had found a new family and a new home. It was where kids with Type 1 can look around and see other kids just like themselves checking their blood sugars and giving insulin. She then made it her mission to get her whole family involved anyway she could, to give back. Sunshine started volunteering in 2005 and has been working as a nurse and lead HCP in the Friends for Life youth programming since 2006. To FFL First Timer families: At diagnosis, my husband and I thought what in the world do we do now. How will this disease ever be part of our everyday lives. It turned our lives upside down. Finding CWD and attending that first FFL, we realized this is where our T1 journey begins. It is where we gain knowledge that is golden and given irreplaceable tools to help better manage our lives now that we are living it with type 1. It is where we learn how to better educate those around us in our everyday lives. It's therapy for ourselves as a parent trying to navigate through the emotions. But most of all, FFL is where we turn to for support when we need it and to give it, to the parent who just can't get their child's blood sugar up at 3 am. Having a child with type 1 diabetes makes me feel like I can conquer anything.



Monica Lanning

Monica Lanning is a clinical research coordinator at Stanford University focused on improving quality of life in people with type 1 diabetes. She has had diabetes since she was two years old and has been to every single Friends for Life Orlando conference as well as many regionals. Monica loves to do crafts, bake, hike, and travel. She is excited to re-connect with her tribe and continue learning from the FFL family!



Marisa Fox, BSN, RN

Marisa Fox, BSN, RN, is a graduate of East Texas Baptist University with a Bachelor of Science in Nursing. She is now an acute care nurse in Portland, Oregon. She is the oldest sibling to two sisters, Jessica and Erica, both living with type 1 diabetes. Marisa attended her first Friends for Life Orlando conference in 2005 and has enjoyed being able to attend many since.



Katelyn Littlefield

Katelyn Littlefield was diagnosed with type 1 diabetes at the age of nine in 2005, and has been attending the Friends for Life conferences yearly since 2006. She has a bachelors degree in psychology with a minor in counseling, and is a dog trainer. CWD is like a second family with so much love and support. It is so nice to give back to a community that's left such an impact on her.



Colton Brunsen

Colton Brunsen has been attending the Friends for Life conferences since 2014 with his girlfriend, Katelyn, who has type 1. He is currently going to college for a degree in mechanical engineering, and works as a mechanic. He has really enjoyed going to the conferences, and is excited to be part of the staff again!



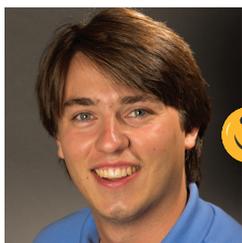
Alexa Brenner

Alexa Brenner was diagnosed with diabetes in 1997, and has been attending Friends for Life Orlando conferences since 2006 with her mom, Georgia. Aside from letting her appreciate her inner Disney princess well into her teens, the conferences have allowed her to make some of the best friends for life she could ever hope to have. Alexa is planning on getting her BSN followed by an MPH. She's excited to be on staff and give back to CWD, which has given her so much.



Shelley Grand

Shelley Grand, mom to Parker, diagnosed in 2002, resides in Southern California. Shelley and her family have been attending Friends for Life Orlando conferences since 2003, and they attribute Parker's success in managing his type 1 to the knowledge, support and friendship that they have received over the years from attending the FFL conferences. Shelley has been a preschool teacher/director for the past 30 years. She states, "We look forward to attending FFL every year and enjoy being able to give back to a community that has given so much to our family."



Parker Grand

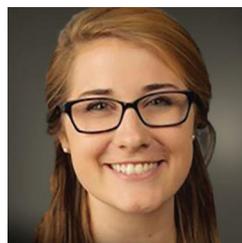
Parker Grand is excited to be on the Friends for Life staff this year as CWD has given him so much support and friendship over the years. Parker has attended every Friends for Life conference since his diagnosis at the age of three in 2002. Parker lives in California where he attends college full-time. He is employed by the California State Parks where he coordinates youth programs, leads guided tours and develops new programs to teach children an appreciation for the history and ecology of the parks. Parker loves working with children of all ages. In his free time, you can find him biking, golfing, and volunteering.



Teresa Littlefield, MSN, RN, RNC-MNN, CLC

Teresa Littlefield, MSN, RN, RNC-MNN, CLC, is mom to Katelyn, diagnosed at age nine, and her sister Jessica. She has been attending conferences since 2006. Teresa currently works with at-risk first time moms and their babies, and is also a clinical nursing instructor at her local university. Teresa volunteers with patients with diabetes in her local community and online as part of the Online Diabetes Support Team of JDRF. She plans to earn her CDE credential in the future. Friend for Life offers a lot of support for parents, too, and she is super excited to be back again this year! If she was asked why someone should come to FFL, she says "it's because these are your people and the only ones who truly understand you, whether you are a person with diabetes or their caregiver".

The Sibling Faculty



Sarah Lanning

Sarah Lanning is a Chemical and Biomolecular Engineering student at the Georgia Institute of Technology. She attended her first Friends for Life conference at the age of four and has been to almost every FFL since. Sarah loves traveling, playing guitar, cake decorating, crafting and biking. Sarah is ecstatic to give back to the CWD community and continue growing our family.





Children with Diabetes® Friends for Life®

2019 Friends for Life® Conferences

March 29-31, 2019

Renaissance Seattle Hotel
Seattle, Washington

July 16-21, 2019

Disney's Coronado Springs Resort
Orlando, Florida

October 4-6, 2019

Fairview Park Marriott
Falls Church, Virginia

October 25-27, 2019

Staverton Estate
Daventry, Northamptonshire, UK

November 8-10, 2019

Sheraton on the Falls
Niagara Falls, Ontario, Canada



Better Together.

Children with Diabetes® was born 25 years ago out of our own personal and family experiences with T1.

Today, Children with Diabetes® and our Friends for Life® Conferences bring together those who live with T1 and the amazing people who support them.

Join this incredible group of world-renowned clinicians, researchers, physicians, T1 adults, children and families to learn more about current ideas for care and support.

Friends for Life® Conferences offer a full range of programs for kids, teens, tweens, parents, grandparents and adult T1s, including:

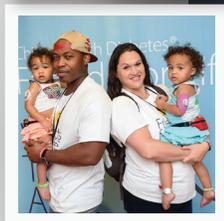
- World-Class Science
- Discussion Groups
- Kids Activities
- Carb-Counted Meals (including Gluten-Free)
- Group Activities
- Kid-Focused Learning Groups
- Sessions for Parents/Caregivers
- State-of-the-Art Technologies
- and much more.

This Is A
Conference
You Won't
Forget!

To learn more about Friends for Life® Conference dates and details, visit:

ChildrenwithDiabetes.com

 Children with Diabetes®





Jeff Hitchcock

Jeff Hitchcock is the Founder, President, editor, and webmaster of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. He worked in defense related industries until 1995, when he started a small Internet company and launched Children with Diabetes. He subsequently worked at LEXIS-NEXIS and Pearson plc on Internet initiatives, and now works full time bringing Children with Diabetes to you.



Laura Billetdeaux

A finicky connoisseur of hotel meeting space, cappuccino, and kid-friendly cheese and fruit platters, **Laura Billetdeaux** is CWD's VP of Education and Programs. Since 2000, Laura has organized every single Friends for Life® conference, always keeping in mind the true purpose of Children with Diabetes — education and support of families with type 1, and always keeping in mind why it all works – the efforts of so many dedicated individuals. Laura lives in Manchester, Michigan with her husband Neal. They are parents of Sam and Carolyn who both serve as youth faculty at Friends for Life conferences as time allows.



Carolyn Billetdeaux, MBA

Carolyn Billetdeaux, MBA, has worn almost every 'hat' in her 18 years with CWD – from youth attendee to volunteer to staff to Tween & Siblings program leader – and played a key role in developing the Siblings youth programming track. She most recently took a year off to pursue her MBA at IE Business School in Madrid, Spain, where she focused on strategy and entrepreneurship while mastering her Spanish. Carolyn is extremely excited to be back with her CWD family this year. She looks forward to putting her new skills to use in acting as a mentor for new program leaders and working behind the scenes to help CWD continue to grow and thrive for the next generation.



Jimmy Fickling

Jimmy Fickling holds the record for the most juiceboxes, glucose tabs, and applesauce pouches stashed away in a backpack in the hallways of FFL. Jimmy is a Criminal Investigator with the Duke University Police Department specializing in threat management and drug diversion. Father to twins, Ava and Davis, Jimmy can most often be found keeping a close eye on the hallways of FFL and helping to ensure the safety of all FFL participants. His favorite part of the FFL conference is meeting new people and making friends that will truly last a lifetime.



Lynet Fox

Lynet Fox is the mother of three girls, Marisa (26), Jessica (24), and Erica (22) and Granna to Carter (5). She attended her first Friends for Life Orlando conference in 2004 after Erica was diagnosed with type 1 diabetes. She has not missed a Friends for Life Conference since first attending. Her daughter Jessica was diagnosed in December 2010 at the age of 16. Lynet currently is a stay at home grandma. The entire family looks forward to conference in Orlando each summer. She has volunteered in different capacities at Friends for Life conferences over the past ten years.



Ed Grand

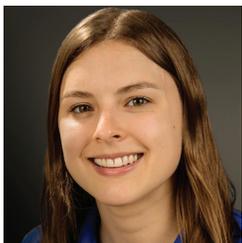
Ed Grand, along with wife Shelley and son Parker (diagnosed in 2002 at age three), has attended every Friends for Life July conference since 2003. Ed credits FFL for Parker's successful diabetes management and for his success in the start of his journey in life. Ed states, "For that we are grateful and volunteer in hope that others may have the same successes." Besides the night time BG monitoring, Ed works as a banker, is an avid runner, and enjoys volunteering for California's La Purisima Mission State Historic Park.





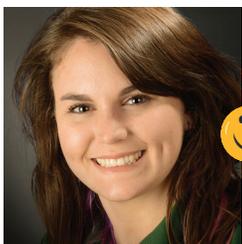
Brenda Hitchcock

Brenda Hitchcock is mom to Marissa (dx'd at 24 months), Kathryn, and Tim. She's worked side by side with her husband Jeff on Children with Diabetes® since it began in 1995. Brenda brings a mom's perspective to diabetes care, is editor of the "Ask the Diabetes Team" section of the Children with Diabetes® website, helps to manage the Children with Diabetes® Forums, and helps out in countless ways at Friends for Life® conferences.



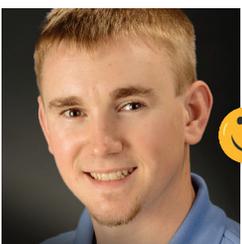
Kathryn Hitchcock, MS

Kathryn Hitchcock, sister of Marissa (dx'd at 2 years old), earned her Master's in Nutritional Science degree at the University of Cincinnati in the summer of 2018. She is currently working through her dietetic internship so she can become a registered dietitian. She is the coordinator of the Research Task Force at Children with Diabetes, which focuses on discovering how CWD can improve quality of life and diabetes-related outcomes in people that use CWD and attend Friends for Life conferences. She also coordinates research at a charitable food pantry to assess how nutrition education affects eating behaviors in low-income adults. After she finishes her dietetic internship, she plans to become a registered dietitian and work with individuals with diabetes.



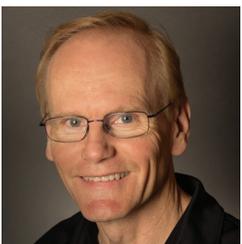
Alyssa Kylo

Alyssa Kylo was diagnosed with type 1 diabetes at the age of seven, two years after her younger brother, Chad. Alyssa's FFL experience began in Pasadena in 2002, and has continued ever since. At the age of eight, she started attending Camp Kakhamela (a D-Camp in British Columbia), and continued through their leadership program to become a camp counselor at 17 years old. She is now 27 years old, living in Kamloops, B.C. with her dog Blue and working full time for the Kamloops & District BC SPCA. She is an avid curler in the winter season and a certified Narcotics Dog Handler. Alyssa is thrilled to be working with CWD again this year!



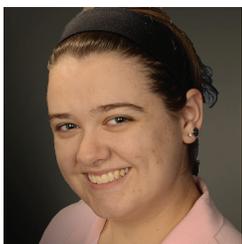
Chad Kylo

Chad Kylo lives in the great white north of British Columbia, Canada. He was diagnosed with type 1 diabetes at the age of two and celiac at age seven. He has attended Camp Elphinstone in Gibsons, BC, since the age of six including leadership training, and he returned as a "Midnight Rambler" working with the medical staff doing the midnight and 3 a.m. blood glucose checks of the campers. Chad has attended many CWD conferences with his first one in 2002. He has helped at conferences working with children, as part of the Road Crew in the exhibit hall, and helping to keep the presentations running smoothly. To Chad, diabetes is a challenge he faces every day, but no more challenging than putting the right sock on the right foot. "Start where you are, use what you have, do what you can."



Scott Kylo

Scott Kylo lives in British Columbia, Canada. He has two adult children, Alyssa and Chad. Their path along the diabetes road started in 1996 when his son, Chad, then age two, was diagnosed with type 1 diabetes when they were residing in Bahrain in the Middle East. The World Wide Web had just arrived in Bahrain and it brought to the Kylo's the safety of the Children with Diabetes family. Two years later, when life was becoming somewhat comfortable and routine, Alyssa, then age 7, was also diagnosed with type 1 diabetes. Chad was also diagnosed with celiac disease in 2001. The family attended their first Friends For Life conference in 2002. Getting to meet the CWDers in person was like Christmas in July! Scott is a Chief Information Officer by day and an Aircraft Engineer by night maintaining a Piper Cherokee and a Mooney. These skills and his "MacGyver" qualities keep him running at the Friends For Life conferences as its Information Technology and Audio/Visual support person. He is a strong advocate of Friends For Life conferences and believes anyone with a connection to diabetes should attend at least one... although warns that the conferences are much like potato chips—it's hard to stop at just one!



Hannah Mattingly

Hannah Mattingly is 23 and the older sister to Ethan Mattingly, who was diagnosed with type 1 diabetes in 1998. Hannah and her family have been to all 19 Friends for Life Orlando conferences, and many of the regional conferences. Hannah started in childcare at four years old and has moved through all the youth programs. She will be in her fourth year at Spalding University in Louisville Kentucky majoring in Health Science & Health Care Management. Hannah is so excited to help in registration this year and reconnect with all her Friends for Life.





Julia Mattingly

Julia Mattingly is mom to 23 year old Hannah and 21 year old Ethan, who was diagnosed with type 1 diabetes at 10 months and started pumping when he was three years old. Julia has been to every Friends for Life conference and most of the regionals as well. Julia coordinates registration at each conference, and you can always find her when you need a smile and hug. Julia loves coordinating registration and being able to meet and talk to everyone who attends. Her favorite Friends for Life memory is from 2000 when she met all of her CWD email moms in Orlando for the first time. She also loves to see the smiles on her children's faces when they re-connect with their CWD friends each summer. Coming to Friends for Life has changed our lives, I have friends that "get it" and what we as mom's go through. But mostly it has helped teach Ethan how to take care of himself, to live his best life on his own and taught us all how to give back to the CWD community.



Kristen O'Dell, MS, RD, CLC

Kristen O'Dell, MS, RD, CLC, was diagnosed with type 1 diabetes at the age of nine. Managing this untamable disease initiated a career in healthcare for her. She earned her Masters degree in Dietetics at D'Youville College in Buffalo, NY. Kristen's first Friends for Life® conference was in 2011. She fell in love with the people and relationships she formed. In 2015, Kristen became the dietitian for the conferences and has loved it ever since. Between menu planning, carbohydrate counting, and allergy accommodations, she is looking forward to tasting all the food, working with the kids, seeing old friends and making many more!



Harold Sanco, CPT

Harold Sanco, CPT, is a former National Aerobic Champion and two time bronze medalist at the National Step Challenge Competition. He has been voted Washington, DC's "Best Instructor" by *Washingtonian* magazine and *The Washington Post*. With more than 20 years of experience in youth physical education and coaching, he is an internationally acclaimed instructor and trainer who teaches across the United States, Canada and 15 countries for some of the top fitness conferences in the world. His popular "Urban Funk" class has been featured in *People*, *Allure*, and *W* magazines. He is AFAA certified and a Master Trainer for Lebert Training Systems. He is currently Director of Group Exercise at Sport & Health Club in Washington, DC.



Deb Ruppert

Deb Ruppert looks forward to meeting and being inspired by Friends for Life attendees at every conference. Her dad has had diabetes for nearly three decades and she enjoys being a part of his support team, sharing her FFL learnings with him. Outside of Children with Diabetes, she is a strategic marketing consultant for health and wellness companies and enjoys cooking, college basketball and her four-legged fur baby. Friends for Life is like winning the lottery for people who are touched by type 1 diabetes. The sessions offer something for everyone. To me, the best part is meeting others who share the diabetes connection. FFL supports making the physical connections happen—whether you're 5 years old, 25 or 50—there is someone and something here to help support you along your journey.



Jim Stroud, CRNA, MSNA

Jim Stroud, CRNA, MSNA, is first and foremost a servant of his wife, Joanne. He is also Dad to Ben, diagnosed at age 10 in 1998. Jim was thrilled to coach the CWD Western Hemisphere Soccer Team on its tour of Italy in 2004. When not doing whatever Joanne, Jeff, Laura, and everyone else listed above tell him to do, Jim gives anesthesia and is an adjunct professor of Nurse Anesthesia in San Diego, California.



Joanne Stroud, MHA, FACHE

Joanne Stroud, MHA, FACHE, is first and foremost a CWD Mom. Her son Ben was diagnosed in 1998 at the age of 10 and Children with Diabetes® quickly became their lifeline. She attended her first Friends for Life® conference in 2003 and instantly became hooked, telling Laura she'd do anything (within reason of course!) she could to assist Children with Diabetes®. Both Ben and his brother James are now 'giving back' as Friends for Life® staff. When not hanging with her FFLs, Joanne is a Product Training Specialist for WellSky. She and Jim, a CRNA, have one other son, Kyle who lives in Portland, with his wife Sarah.





Kenneth Moritsugu, MD, MPH, FACPM, Rear Admiral, USPHS (Retired)

Chairman of the Board

Kenneth Moritsugu, MD, MPH, FACPM, Rear Admiral, USPHS (Retired), Chairman of the Board of Children with Diabetes, is a retired Rear Admiral with the U.S. Public Health Service, who has twice been the Surgeon General of the United States. After a 37 year career in public service in uniform, he was the Vice President of Global Strategic Affairs for Diabetes; and WorldWide Chairman of the Johnson & Johnson Diabetes Institutes, a global network of educational facilities focused on providing health providers the knowledge, skills, and tools to help them better serve people with diabetes. He retired from Johnson and Johnson in 2013, and has been the President and Chief Executive Officer of First Samurai Consulting, LLC, a firm specializing in health policy and programs, bridging the public and private sectors. In addition to being the Chair of T-1 Today, he is a member of the board of the American Association of Diabetes Educators, the Physician Assistant Foundation, and the National Council of Asian and Pacific Islander Physicians. He has been a member of the board of the National Kidney Foundation, the American Diabetes Association Research Foundation, and the American Dietetic Association, among several others. He is a member of the Board of Regents of the Uniformed Services University of the Health Sciences, America's health university; and vice chair of the Dean's Council for the George Washington University Milken School of Public Health. He has had type 1 diabetes (LADA) for over 15 years, and has been closely associated with and supportive of Children with Diabetes for over a dozen years, in faculty and leadership roles. In November 2014, he was the JDRF's Hope Gala Honoree at its black tie event in Washington, DC. His older daughter, Erika Moritsugu is an Assistant Secretary in the US Department of Housing and Urban Development; his younger daughter, Emily, is in middle school in the Japanese Immersion program in Fairfax County; and his wife, Lisa Kory, is an appointed Commissioner for the Fairfax County Commission on Organ Donation and Transplantation. He and his family reside in Great Falls, Virginia.



Jeff Hitchcock

Founder, President, and Board Member

Jeff Hitchcock is the Founder, President, editor, and webmaster of Children with Diabetes®. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. He worked in defense related industries until 1995, when he started a small Internet company and launched Children with Diabetes. He subsequently worked at LEXIS-NEXIS and Pearson plc on Internet initiatives, and now works full time bringing Children with Diabetes® to you.



Joan Bardsley, MBA, RN, CDE, FAADE

Board Member

Joan Bardsley, MBA, RN, CDE, FAADE, is the assistant vice president of nursing and research integration at MedStar Health Research Institute and MedStar Corporate Nursing. She has over 40 years experience in healthcare with a specialty in diabetes self management education. Ms. Bardsley has worked for MHRI for 25 years where her previous positions included responsibility for special projects and core scientific services. She is the MHRI representative to the CNO Council. She is currently co-investigator for the NIH supported inpatient diabetes education project as well as the AHRQ funded We Want to Know Project, which support the Interdisciplinary Model of Care (IMOC). At corporate nursing she is responsible as the executive liaison for administration of the Nursing Collaborative Governance Councils and the MedStar Leader of the future Green team. Ms. Bardsley has published articles and book chapters on many aspects of diabetes self management and is an invited speaker both nationally and internationally on this topic. She holds an undergraduate degree in nursing from Boston College and a Masters in Business Administration from The George Washington University. Ms. Bardsley is the past President of the American Association of Diabetes Educators, current chair of the National Certification Board of Diabetes Educators, and Board member of Children with Diabetes.



Vaneeda Bennett

Board Member

A non-profit management and fund-raising professional with over 30 years experience, **Vaneeda Bennett** founded V. Bennett Advisors, LLC, to provide executive level strategic services to associations and non-profit organizations. Vaneeda is a member of the Board of Directors of the Adelphoi Foundation in Latrobe PA, and until recently on the Boards of Directors of MedStar Health Research Institute in Hyattsville MD. She was featured as the cover story for Fundraising Success magazine, a national publication and strategy guide for fundraising professionals. Vaneeda held executive positions with the Arthritis Foundation, the American Diabetes Association and the Epilepsy Foundation. Ms. Bennett holds a Bachelor of Arts degree from Carlow University in Pittsburgh, PA. She also attended the University of Pittsburgh School of Business, and completed certificate programs at the Institute for Charitable Giving and The Center on Philanthropy at Indiana University.





Lynda K. Fisher, MD

Board Member

Lynda K. Fisher, MD, Associate Professor of Pediatrics, The Keck School of Medicine of the University of Southern California, Associate Head, The Center for Endocrinology, Diabetes and Metabolism at Children's Hospital Los Angeles, is the Treasurer of the International Society for Adolescent and Pediatric Diabetes. She has served on the Board of Directors of the American Diabetes Association as well as many ADA national committees and task forces (especially those focused on youth and advocacy). She has been very active in advocacy for children with diabetes on the local, state, national and international arenas. She spends time each summer as a medical director at diabetes camps in California.



Audrey Greenfield

Board Member

Audrey Greenfield is the Executive Vice President of Sales, Marketing, and Clinical Support for Aspire Bariatrics. Since March 2009, she served as Worldwide Vice President of Advocacy and Professional Relations for LifeScan and Animas Corporation, both part of the Johnson & Johnson Family of Companies. Prior to that, she was the Executive Vice President of Clinical & Government Affairs for LifeScan and Animas beginning May 2006. Previously, Audrey was the Executive Vice President - Marketing, Sales, and Clinical Affairs of Animas Corporation from May 2003. From November 1998 to April 2003, she served as the Vice President of Marketing and Clinical Affairs. Prior to this position, Audrey was Director of Clinical Affairs at Luxar Corporation, and subsequently at ESC Medical Systems, which acquired Luxar.



George Grunberger, MD, FACP, FACE

Board Member

George Grunberger, MD, FACP, FACE, is the chairman of Grunberger Diabetes Institute in Bloomfield Hills, Michigan. Dr. Grunberger, is also Clinical Professor of Internal Medicine and of Molecular Medicine & Genetics at Wayne State University School of Medicine, Professor of Internal Medicine at Oakland University William Beaumont School of Medicine as well as Visiting Professor at First Faculty of Medicine at Charles University in Prague (Czech Republic). Dr. Grunberger held tenured Full Professor appointments at the University in Department of Internal Medicine and in the Center for Molecular Medicine and Genetics since 1986. Between 1997 and 2001 he was Henry L. Brasza Director of the Center for Molecular Medicine and Genetics. Prior to that Dr. Grunberger served as interim Chairman of the Department of Internal Medicine and Physician-in-Chief of the Detroit Medical Center. Dr. Grunberger came to Detroit from the Diabetes Branch (at NIDDK) of the National Institutes of Health in Bethesda, MD. Dr. Grunberger received his internal medicine training at Case Western Reserve University in Cleveland, OH, his medical (M.D.) training at the New York University School of Medicine and his bachelor's degree (in biochemistry) at Columbia College of Columbia University. Dr. Grunberger has published over 150 peer-reviewed manuscripts as well as review articles, abstracts and book chapters. His research interests have included basic studies on molecular underpinning of insulin action and insulin resistance, and clinical research studies on many aspects of diabetes and its management. Dr. Grunberger has been an active member of many professional organizations where he has held elected positions of leadership. He is currently the Past President of American Association of Clinical Endocrinologists and President Elect of the American College of Endocrinology. He is a co-editor of two international diabetes journals. Dr. Grunberger has served as an educator of medical students, interns, residents, endocrinology fellows, master's and Ph.D. candidates, and junior faculty over the past 35 years.

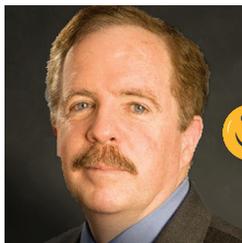


George Huntley

Treasurer, Board Member

George Huntley is the Chief Operating Officer and Chief Financial Officer of Theoris Group, Inc., a professional services and software company based in Indianapolis, IN with offices throughout the US and Europe. He has been living with type 1 diabetes since 1983 and has been an active volunteer in the fight against diabetes since 1986. George has held many leadership roles with the American Diabetes Association including Chair – National Board of Directors 2009, Chair – Legislative and Regulatory Subcommittee 2012-2015, Chair – CEO Search Committee 2007, Chair – Finance Committee 2005, Chair – Affiliate Associations Committee 1996-1998, Chair – Indianapolis Leadership Council 2002-2006, Chair – Maryland Affiliate 1994-1995, and Chair – Baltimore Chapter – 1993-1997. George received ADA's Addison B. Scoville Award for Outstanding Volunteer Service in 2002. George is a founding member and current officer of the National Diabetes Volunteer Leadership Council, a 501 c3 organization dedicated to patient advocacy to improve the quality of life for people living with diabetes.





Paul Madden, MEd

Board Member

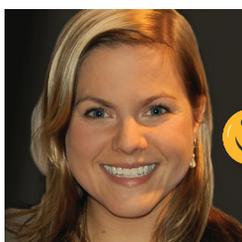
Paul Madden, MEd, has served as Friends for Life faculty for the past 18 years and joined the board of T-1 Today in 2014. Paul is an accomplished author and speaker and serves on national and international boards including the American Association of Diabetes Educators, the Diabetes Exercise and Sports Association, the International Diabetes Federation, the American Diabetes Association, the Joslin Diabetes Center, the Young Leaders in Diabetes/IDF, and the JDRF. Paul had several roles at Joslin Diabetes Center, including Special Assistant to the President, behavioral medicine, corporate development, advocacy, exercise, and camp administrator/director. Paul empowers, educates and inspires people to explore and adopt healthier lifestyles. Paul touches the soul of the people he works with, enabling them to address the challenges of life more fully and positively. Paul is the Managing Director of Diabetes & Behavioral Health for the ADA, developing and refining pilots for people living with diabetes that can be translated into sustainable programs with optimal partners. He has had type 1 diabetes for over 50 years.



Stewart Perry

Board Member

Stewart Perry grew up in Lexington, Kentucky. Since 1983 he has been the co-owner of Perry & Perry State Farm Insurance, one of the largest State Farm Insurance agencies in the state of Kentucky and is a Diabetes Consultant and Advocate. Stewart's family has been dramatically affected by diabetes. His son has type 1 diabetes, both parents, and sister have all had diabetes during their lifetime. He has lost an uncle, grandfather and great grandmother to complications of diabetes. Stewart was diagnosed with type 2 diabetes in 1990. Since that time, he has been actively involved in the American Diabetes Association. Stewart was the Chairman of the National Board of Directors and Chair of the National Advocacy Committee for five years, He was Chair Bluegrass Chapter for a number of years and helped organize many of the fundraising events still in existence. He served as the Kentucky Affiliate Board of Vice-Chair and was Chair-Elect when it became a part of the Southern Region where he served as the Chair of the Southern Region. He also is a former member of the National Board of Directors. He is the State of Kentucky State Advocacy Chair for ADA. Stewart is a member of the Kentucky Diabetes Network and a founding member of the Fayette County Diabetes Collation. Stewart was appointed by two different Governors of Kentucky to the GET FIT KY Board and The Diabetes Research Trust Fund Board where he currently still serves. Stewart is one of the founders of the National Diabetes Volunteer Leadership Council and currently serves as an officer of that organization. Where he has been instrumental in passing Diabetes Action Plan legislation in 18 states over the past four years. Stewart serves on the board of Children with Diabetes.



Kerri Sparling

Secretary, Board Member

Kerri Sparling has been living with type 1 diabetes since 1986, diagnosed at the age of seven. She manages her diabetes and lives her life by the mantra "Diabetes doesn't define me, but it helps explain me." Kerri is an internationally recognized diabetes advocate. She is the creator and author of *Six Until Me*, established in 2005 and remains one of the most widely-read diabetes patient blogs, reaching a global audience of patients, caregivers, and industry. She has been featured on NPR, *US News and World Report*, CBNC, Yahoo! Health, *LA Times*, *The Lancet*, *Whole Living*, Disney's Family.com, and *Family Circle*, among other national outlets. In addition to her writing, Kerri is a highly-rated speaker and has presented the patient perspective to audiences around the world. She works to raise awareness for diabetes, patient advocacy, and the influence of social media on health outcomes. Her first book, *Balancing Diabetes* (Spry Publishing), looks at type 1 diabetes in the context of "real life." Kerri and her husband live in Rhode Island, USA with their two children.



Mike Swearingen

Board Member

Mike Swearingen is an experienced leader in healthcare. Retiring as the World Wide Director of Professional Relations from Johnson & Johnson in 2013. Mike joined Johnson & Johnson in 2006 as the Director of Government and Professional Relations for Animas Corporation. A year later, he was promoted to Director of Professional Relations, Global Strategic Affairs, managing national and international relationships with major healthcare societies and key opinion leaders for the Johnson & Johnson Diabetes Care Franchise. Known for helping to create and drive strategic initiatives, Mike has been a catalyst for passage of several state legislative measures involving healthcare. Most recently, he was a key advocate instrumental in the passage of a state licensure requirement for Diabetes Educators in the states of Kentucky and Indiana. In 1999, Mike was made an honorary "PA" in the state of Indiana, and in October 2014, was named the recipient of the Diabetes Care Education (DCE) National Champion Award. Mike has worked with numerous companies, elected officials, government agencies, professional medical associations and academies to create major enduring initiatives. Mike's broad background in healthcare includes 20 years with Eli Lilly & Co., and seven years with Johnson & Johnson. In addition, for a year, he served as the Executive Director of the non-profit Nurse Practitioner Healthcare Foundation. In this role, he developed the strategic business plan, which launched the NPHF and ensured its success. Mike has served on the national foundation boards for the American Academy of Family Physicians, the American Academy of Physician Assistants, and the American Association of Diabetes Educators Research and Education Foundation. Currently, he is a Trustee of the Nurse Practitioner Healthcare Foundation, and Board member of T-1 Today Inc. (d/b/a Children with Diabetes). Born in Shelbyville, Indiana, Mike received a Bachelor of Arts in Philosophy from Indiana University and completed work in the USC School of Pharmacy & Business Management Program.



the iLet™



no basal, no bolus, just go ...

GO BIONIC

Beta Bionics

A Massachusetts Public Benefit Corporation



find @BetaBionics on:



CAUTION: THE iLet IS AN INVESTIGATIONAL DEVICE, LIMITED BY FEDERAL LAW TO INVESTIGATIONAL USE



TAKE ACTION

TO KEEP POLICY MAKERS' ATTENTION ON

PEOPLE WITH

DIABETES

AMPLIFY YOUR VOICE. MAKE ADVOCACY EASIER!

Join the Diabetes Patient Advocacy Coalition (DPAC) and thousands of people with diabetes, caregivers, patient advocates, health professionals, disease organizations and companies as we work together to promote and support public policy initiatives focused on improving the health of all 29 million people in the United States living with diabetes.



Take action - right from your phone!

Join us today by simply downloading our app or visiting diabetespac.org





Lilly | DIABETES

LILLY CAMP CARE PACKAGE

DIABETES DOESN'T GO AWAY AT CAMP. IT JUST DOESN'T STAND IN THE WAY.

When children with type 1 diabetes experience the everyday fun and freedom of camp with others just like them, something incredible happens. Diabetes isn't the focus of their day. Lilly Diabetes believes that every child should have the opportunity to go to camp, and that's why we've provided insulin and a variety of carefully designed resources to diabetes summer camps for more than 10 years. We help camps care for your child's unique, personal needs so your child can focus on what's most important — having a summer to remember.

LillyDiabetes.com

To register for a camp near you, visit www.diabetescamps.org.

TeamCWD at Walt Disney World Marathon Weekend 2018



**We Came! We Froze! We Ran!
And we're going to do it again!**

Join us for the Walt Disney World Marathon 2020
Details at bit.ly/teamcwd

Thank You

Thank you to our generous sponsors for helping to make Friends for Life Seattle 2019 possible

Our Founding Sponsors



Our Supporting Sponsors



Friends of CWD

