



FFL Seattle Adult Program

FRIDAY, MARCH 17

6:00 – 9:00	Registration and Exhibits Open in the Courtyard Foyer B Level. Dessert reception and light refreshments from 7:00-9:00 pm.
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SATURDAY, MARCH 18

	Federal	Municipal	Superior
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom		
9:00 – 10:00	Opening Keynote - To Infinity and Beyond: The Future of Type 1 Diabetes Dana VanBuecken, ARNP		
10:00 – 10:45	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level		
10:45 – 12:00	Positive Caregiving for Parents of Children with Diabetes Jessie Wong, PhD	Fat and Protein Boluses Marissa Town, RN, BSN, CDCES	
12:00 – 1:30	Lunch in the Madison Ballroom		
1:30 – 2:45	Diabetes in K-12 Schools Leigh Fickling, MEd, MS, JD	Navigating the Healthcare System from the Adult Perspective Leslie Eiland, MD	
2:45 – 3:30	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level		
3:30 – 4:30	How Substances Affect the Body with Diabetes Marissa Town, RN, BSN, CDCES	Navigating the Healthcare System from the Pediatric Perspective Faisal Malik, MD, MSHS	
7:00 – 9:00	Adult Reception in the Madison Ballroom		

SUNDAY, MARCH 19

	Federal	Municipal	Superior
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom		
9:00 – 10:00	Getting the Most out of your Automated Insulin Delivery System Leslie Eiland, MD	Practical Stress Management Tools for People with Diabetes Jessie Wong, PhD	Frazzled Friends for Life: Moms Discussion Group Leigh Fickling, MEd, MS, JD
10:00 – 10:45	Refreshment Break in the Courtyard Foyer B Level		
10:45 – 12:00	Advocating for Affordable Care - Let your Voice be Heard Tom Boyer	Dads Down to Earth Benny Loebner	
12:00 – 1:30	Lunch in the Madison Ballroom		
1:30 – 2:45	Utilizing Other Medications for Type 1 Diabetes Irl Hirsch, MD, MACP	The Americans with Disabilities Act - Your Rights in College + Beyond Leigh Fickling, MEd, MS, JD + Matt Point, MS	
2:45 – 3:30	Refreshment Break in the Courtyard Foyer B Level		
3:30 – 4:30	Closing Keynote - Reflections on a Lifetime Living with and Working with Diabetes Irl Hirsch, MD, MACP		



FFL Seattle Youth Program

SATURDAY, MARCH 18				
	Kiddie Kove Room: West	Elementary Room: North	Tween Room: East	Teen Room: South
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom			
9:00 – 10:00	Meet the Dinosaurs	Icebreakers	Meet the Tweens	Jeopardy: Diabetes Edition
10:00 – 10:45	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level			
10:45 – 12:00	Silly Sandpaper Stegosaurus'	Building Carb Creatures	Tweens Assemble	Parenting your Parent
12:00 – 1:30	Lunch in the Madison Ballroom			
1:30 – 2:45	Dinosaur Stomp!	Scavenger Hunt	VIPs Scavenger Hunt	Riding the Roller Coasters
2:45 – 3:30	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level			
3:30 – 4:30	Movie and Rest	Orange/Green team	Minute to Win it	Move and Groove with Harold
SUNDAY, MARCH 19				
	Kiddie Kove Room: West	Elementary Room: North	Tween Room: East	Teen Room: South
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom			
9:00 – 10:00	The King of Dinosaurs	All Fun and Games	Get Moving with Harold	Faces of Diabetes
10:00 – 10:45	Refreshment Break in the Courtyard Foyer B Level			
10:45 – 12:00	Going on a Dino Hunt— Come Along!	Get Moving with Harold	Finding Your Team	Tech Update
12:00 – 1:30	Lunch in the Madison Ballroom			
1:30 – 2:45	Dino Stretch with Harold	Movie Time with Friends	Games Games Games	Diabetium
2:45 – 3:30	Refreshment Break in the Courtyard Foyer B Level			
3:30 – 4:30	Movie and Rest	Scrapbook	Movie Time	Closing Keynote