



# FFL Seattle Adult Program

## FRIDAY, MARCH 17

6:00 – 9:00	Registration and Reception/Exhibits Open
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## SATURDAY, MARCH 18

	Federal	Superior	Municipal
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8:00 – 9:00	Buffet Breakfast		
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9:00 – 10:00	Opening Keynote - Reflections on a Lifetime Living with and Working with Diabetes		
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10:00 – 10:45	Refreshment Break and Exhibits Open		
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10:45 – 12:00	Frazzled Friends for Life: Moms Discussion Group	Challenges in the Current U.S. Healthcare System for PWD	
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12:00 – 1:00	Lunch		
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1:00 – 2:15	Positive Caregiving for Parents of Children with Diabetes	Navigating the Healthcare System from the Adult Perspective	
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2:15 – 3:00	Refreshment Break and Exhibits Open		
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3:00 – 4:15	How Substances Affect the Body with Diabetes	Navigating the Healthcare System from the Pediatric Perspective	Utilizing Other Medications for Type 1 Diabetes
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6:00 – 8:00	Dinner		
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## SUNDAY, MARCH 19

	Federal	Superior	Municipal
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8:00 – 9:00	Buffet Breakfast		
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9:00 – 10:15	Diabetes in K-12 Schools	Practical Stress Management Tools for People with Diabetes	Getting the Most out of your Automated Insulin Delivery System
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10:15 – 11:00	Refreshment Break and Exhibits Open		
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11:00 – 12:15		Dads Down to Earth	Understanding Sensor Data
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12:15 – 1:15	Lunch		
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1:15 – 2:30		The Americans with Disabilities Act - Your Rights in College + Beyond	Fat and Protein Boluses
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2:30 – 3:15	Refreshment Break		
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3:15 – 4:15	Closing Keynote		
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