



# Program of Events and Sessions

## Friday, October 8, 2021

6:00 - 9:00 pm	Registration and Reception / Exhibits Open
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## Saturday, October 9, 2021

Time	Plaza Ballroom	Pleasantville	Larchmont
8:00 - 9:00	Buffet Breakfast in Plaza Ballroom and Visit Sponsors and Exhibitors		
9:00 - 10:00	<b>Innovation: Embracing New Technology</b> Laurel Messer, PhD, RN, CDCES		
10:00 - 10:45	Refreshment Break and Exhibits Open		
10:45 - 12:00	<b>Teamwork in Diabetes: Leveraging and Lending Diabetes-Related Support</b> Jessie Wong, PhD	<b>Elizabeth Hughes, the Discovery of Insulin, and the Making of a Medical Miracle</b> Arthur Ainsberg	<b>Back to Basics: Diabetes 101</b> Laurel Messer, PhD, RN, CDCES
12:00 - 1:00	Buffet Lunch in Plaza Ballroom and Visit Sponsors and Exhibitors		
1:00 - 2:15	<b>Managing Sick Days and Stress Days</b> Marissa Town, BSN, RN, CDCES	<b>The Evolution and Future of Automated Insulin Delivery Systems</b> Laurel Messer, PhD, RN, CDCES	<b>National Diabetes Advocacy</b> Stewart Perry and Mike Swearingen
2:15 - 3:00	Refreshment Break and Exhibits Open		
3:00 - 4:15	<b>Preventing and Coping with Diabetes Distress or Burnout</b> Julie Gettings, PhD	<b>Where the Needle Meets the Skin: Infusion Sets, Site Rotation, and More</b> Marissa Town, BSN, RN, CDCES	<b>Diabetes and Reproductive Health</b> Liz Robinson, MS, PA-C, CDCES

## Sunday, October 10, 2021

Time	Plaza Ballroom	Pleasantville	Larchmont
8:00 - 9:00	Buffet Breakfast in Plaza Ballroom		
9:00 - 10:00	<b>Making the Most of Your Closed Loop System</b> Laurel Messer, PhD, RN, CDCES	<b>The Evolution and Future of Diabetes Prevention</b> Jennifer Sherr, MD, PhD	<b>Advocating for Your Child</b> Leigh Fickling, JD and Jeff Karitis
10:00 - 10:45	Refreshment Break		
10:45 - 12:00	<b>Navigating Diabetes Technology and Sharing of Diabetes Data</b> Julie Gettings, PhD	<b>The Evolution and Future of Nutrition for People with Diabetes</b> Constance Brown-Riggs, MEd, RDN, CDCES, CDN	<b>Participating in Clinical Trials</b> Cynthia Deitle, JD and Jennifer Sherr, MD, PhD
12:00 - 1:00	Buffet Lunch in Plaza Ballroom		
1:00 - 2:15	<b>Parents Discussion Group</b> Cynthia Deitle, JD, Leigh Fickling, JD and Jeff Karitis	<b>The Evolution and Future of the PWD-Health Care Provider Relationship</b> Jennifer Sherr, MD, PhD, Julie Gettings, PhD; Constance Brown-Riggs, MEd, RDN, CDCES, CDN	<b>Multi-Generational Diabetes in the Same Household</b> Liz Robinson, MS, PA-C, CDCES
2:15 - 3:00	Refreshment Break		
3:00 - 4:15	<b>Cultivating Mental and Emotional Resilience in Diabetes</b> Jessie Wong, PhD		

# Youth Program of Events and Sessions

## Friday, October 8, 2021

6:00 - 9:00 pm

Registration and Reception / Exhibits Open

## Youth Program for Saturday, October 9, 2021

Time	Kiddie Kove (ages 0-5) Scarsdale	Elementary (ages 6-8) Briarcliff	Tween (ages 9-12) Yorktown	Teen (ages 13-17) Sprainbrook
8:00 - 9:00	Buffet Breakfast in Plaza Ballroom and Visit Sponsors and Exhibitors			
9:00 - 10:00	Check In and Meet New Friends	Icebreakers and Big Group Games	Icebreakers	Meet Your Squad
10:00 - 10:45	Refreshment Break and Exhibits Open			
10:45 - 12:00	Toys & Games	Scavenger Hunt	Expressing Your Diabetes	Keep Calm and Carry On
12:00 - 1:00	Lunch in Plaza Ballroom and Visit Sponsors and Exhibitors			
1:00 - 2:15	Crafts Orange Team Visits	What's Your Story? With Special Guests	FFL: Food for Life	What Are My Rights?
2:15 - 3:00	Refreshment Break and Exhibits Open			
3:00 - 4:15	Movie and Rest	It's All Fun and Games Diabetium!	Tween Olympics with Harold	Steering the Ship: Navigating Parents and Peers

## Youth Program for Sunday, October 10, 2021

Time	Kiddie Kove (ages 0-5) Scarsdale	Elementary (ages 6-8) Briarcliff	Tween (ages 9-12) Yorktown	Teen (ages 13-17) Sprainbrook
8:00 - 9:00	Buffet Breakfast in Plaza Ballroom			
9:00 - 10:00	Toys, Games, & Stories	Green Team (Type 1) and Orange Team (Siblings)	Meet the VIPs	Wake Up! It's Harold Time
10:00 - 10:45	Refreshment Break			
10:45 - 12:00	Scavenger Hunt	Harold Time	Green Team (Type 1) and Orange Team (Siblings)	Tech Update:
12:00 - 1:00	Buffet Lunch in Plaza Ballroom			
1:00 - 2:15	Harold Time Active Games	What Are You Eating?	Insulin and Beyond	Green Team (Type 1) and Orange Team (Siblings)
2:15 - 3:00	Refreshment Break			
3:00 - 4:15	Movie and Rest	Express Yourself!	Diabetium	Thinking Traps: Snakes and Ladders