



















Oh the changes I have lived through are enough to make anyones head spin. But through it all, I've chosen to live. I've chosen to do my best, try my hardest to win. —Lara D., 50 Year Journey Award Recipient

## In Celebration of a Life Well Lived

Living with type 1 diabetes can be incredibly challenging and the work required for daily life deserves special recognition.

Through the CWD Journey Awards program, we want to recognize the work required to thrive with type 1 diabetes.

Medals marking 10, 25, 50, and 75 years of daily life with diabetes serve as an inspiration to everyone in the type 1 community.

Since 2022, CWD has provided over 3,000 CWD Journey Awards to people with type 1 diabetes throughout the United States.











## Request a CWD Journey Award



Scan the QR code to request an award for you, or someone you love living with T1D.

When filling out the form, we would love to hear your story and share it on our social channels. View Journey stories stories at: **cwd.is/JourneyStories**.

