

“Do you understand me? Role of Culture and Type 1 Diabetes Care”

Family/Patient Guide

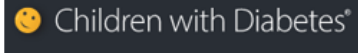
Children with Diabetes: Friends For Life Winter Conference 2020

Question	Thoughts	
If you/caregivers have immigrated to a new country/environment, think about how you view your culture/needs and how this has changed since coming to a new environment		
Do you feel that your child’s diabetes care could be changed by improved cultural education of your diabetes team? If so, how?	<u>Circle all that apply:</u> Family Functioning/Values Healthcare Access Mental health Acculturation English Proficiency Health Literacy Poverty	<u>Other thoughts:</u>

<p>Customs/Values and its effect on your/your child's diabetes care</p>	<p><u>Discuss with your diabetes team:</u></p> <ol style="list-style-type: none"> 1. Identify if there are other members of your community which help make healthcare decisions 2. Discuss how you/your family feel about diabetes, and going to the doctor to seek care 3. Collaborate with your doctor to discuss how you will make care decisions about your diabetes 4. Discuss your fears and concerns about various aspects of diabetes care 	<p><u>Answers/Other thoughts:</u></p>
<p>Family Dynamics and its effect on your/your child's diabetes care</p>	<p><u>Discuss with your diabetes team:</u></p> <ol style="list-style-type: none"> 1. Identify which members of your family help make healthcare decisions 2. Identify "authority figures" in your family/community whom you use to seek guidance 3. Identify and discuss roles of women and men in the family 4. Identify what type of parenting style you use and what your relationship with your kids/parents is like 	<p><u>Answers/Other thoughts:</u></p>
<p>Food/Nutrition and its effect on your/your child's diabetes care</p>	<p><u>Discuss with your diabetes team:</u></p> <ol style="list-style-type: none"> 1. Identify types of food you typically eat 2. Think about particular food groups which are not consumed often 3. In what environments do you eat 4. Your relationship with food 5. How you integrate foods from both cultures 	<p><u>Answers/Other thoughts:</u></p>

Resources:

Other resources



Ethnic and Cultural Resources



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