

## **Effectiveness of a Co-Designed Pilot Support Group for Students with Type 1 Diabetes in a Post-Secondary Education Setting**

Are you a young adult between the ages of **18-25**?

Have you been diagnosed with **type 1 diabetes**?

Do you/did you attend **college and/or university**?

If you answer yes to all 3 of these questions, then we want to recruit YOU to learn more about your perceptions as a young adult who is managing type 1 diabetes (T1D) on a college/university campus.

### **Study Description:**

If you volunteer to participate in this study, you will be asked to complete five online questionnaires. On these questionnaires, you will be asked to provide information about:

- (1) Your demographics
- (2) Diabetes-related social support received on campus
- (3) Potential barriers to T1D management on campus
- (4) Potential strategies to help in managing T1D on campus
- (5) Your level of diabetes distress.

### **Study duration:**

The study should take approximately 30 minutes to complete.

**In appreciation of your time and participation, you will be entered to win:** one of five \$30 electronic gift cards (your choice of either a Tim Hortons or Starbucks gift card)

\*If you would like to sign-up to participate or learn more information about this study, please contact: Anissa Barnes in the Department of Psychology at the University of Windsor ([barne11a@uwindsor.ca](mailto:barne11a@uwindsor.ca)).

(This research has been cleared by the University of Windsor Research Ethics Board)