



Friends for Life Winter 2020 Program

Friends for Life Winter 2020 Program Focus Group and Product Theater Friday—December 4, 2020

Time	Activities and Virtual Rooms			
9:00 - 10:00				
10:30 - 11:30				
2:00 - 3:00	<p>Medtronic Presentation MiniMed™ 770G System Medtronic Webinar</p>			
4:30 - 5:30	<p>Wait Wait... Don't Poke Me! The Diabetes Game Show Hosted by Stacey Simms Webinar 1</p>			
	<p>Parents Hallway and Information Desk Meet your FFLs in the Parents Hallway. 5:00 pm - 9:00 pm</p>	<p>Adults with T1D Hallway Stop by the Adults with T1D Hallway to chat with your FFLs. 5:00 pm - 9:00 pm</p>	<p>Young Adults Hallway A room just for Young Adults 18-25. Stop by and say hello. 9:00 - 11:00 pm</p>	
6:00 - 8:00	<p>Dedicated Virtual Exhibit Hall Hours Visit Sponsor Booths</p>			



Friends for Life Winter 2020 Program

Friends for Life Winter 2020 Program Psychosocial Saturday—December 5, 2020

Time	Activities and Virtual Rooms			
	Parents Hallway and Information Desk Meet your FFLs in the Parents Hallway. 9:00 am - 10:00 pm	Adults with T1D Hallway Stop by the Adults Hallway to chat with your FFLs. 9:00 am - 10:00 pm	Young Adults Hallway A room just for Young Adults 18-25. Stop by and say hello. 9:00 pm - 11:00 pm	
8:00 - 9:00	Virtual Exhibition Hall: Visit Sponsors' Virtual Booths			
9:00 - 10:00	Kiddie Kove Program Morning Exercise with Harold Kiddie Kove Room	Elementary Program Icebreakers Elementary Room	Tween Program Icebreakers Tween Room	Teen Program Tech Update Teen Room
10:00 - 10:30			Tween Hallway	Teen Hallway
10:00 - 11:00	Helping Parents with Transitions Maureen Monaghan, PhD, CDE Webinar 1	Finding Support in Social Media Kerri Sparling, Cherise Shockley, & Scott Johnson Webinar 2	Burnout for Adults with T1D Sean Oser, MD, MPH Meeting 3	
11:00 - 1:00	Dedicated Virtual Exhibit Hall Hours Last chance to visit our sponsors			
1:00 - 2:00	Safe Zone for Significant Others Tamara Oser, MD, Grace Grande-Cassell, & Khary Septh Meeting 1	Is This an Eating Disorder? Body Image & Disordered Eating with T1D Diana Naranjo, PhD, Asha Brown, Daniele Hargenrader, & Noor Alramahi Webinar 2	Positive Caregiving Maureen Monaghan, PhD, CDE Webinar 3	
2:00 - 3:00	Kiddie Kove Program Nature Exploration with Ranger Parker Kiddie Kove Room	Elementary Program Green Team & Orange Team Elementary Room	Tween Program Cardio + Yoga with Friends Tween Room	Teen Program 2020: How to Manage! Teen Room
3:00 - 3:30			Tween Hallway	Teen Hallway
3:30 - 4:30	Moms' Discussion Group Leigh Fickling, MEd, MS, JD, Lauren Lanning, & Leila Blue Meeting 1	Dads' Discussion Group Justin Masterson & Tom Karlya Meeting 2	Couples Discussion Group Jimmy & Liz Dodson, Sam Billetdeaux & Grace Grande-Cassell, Kyle Banks & Khary Septh, and Brian Grant & Matt Point Meeting 3	
8:00 - 9:00	Young Adults Meetup Hosted by College Diabetes Network Meeting 1			
8:30 - 9:00				Teen Hallway



Friends for Life Winter 2020 Program

Friends for Life Winter 2020 Program Advocacy and Science Sunday—December 6, 2020

Time	Activities and Virtual Rooms	
10:00 - 4:00	Parents Hallway and Information Desk Meet your FFLs in the Parents Hallway.	Adults with T1D Hallway Stop by the Adults 18-25 with T1D Hallway to chat with your FFLs.

9:00 - 10:00
Diabetes Advocacy in the Post-Election US
 Stewart Perry and George Huntley
 Webinar 1

10:00 - 11:00	Kiddie Kove Program Fun with Sports Central Kiddie Kove Room	Elementary Program Living Healthy with Harold Elementary Room	Tween Program Green Team + Orange Team Tween Room	Teen Program Panel with Teen Staff and Leaders Teen Room
11:00 - 11:30			Tween Hallway	Teen Hallway

11:00 - 12:00
Carbohydrate Controversies: How Low Should You Go?
 Constance Brown-Riggs, MEd, RD, CDE, CDN
 Webinar 1

The Science of Exercise
 Mike Riddell, PhD
 Webinar 2

12:00 - 1:00	Lunch Break			
1:00 - 2:00	Kiddie Kove Program Nature Exploration with Ranger Parker Kiddie Kove Room	Elementary Program Every Snowflake is Unique Elementary Room	Tween Program Kahoot + Conversations Tween Room	Teen Program Harold Time Teen Room
2:00 - 2:30			Tween Hallway	Teen Hallway

2:30 - 3:30
Diabetes and Cultural Sensitivity
 Kajal Gandhi, DO, MPH
 Meeting 1

Hybrid Closed Loop Systems: The Next Evolution of Diabetes Management
 Gary Scheiner, MS, CDE
 Webinar 2